

# Marietta Elementary Rapid Fire Meet Grades 4<sup>th</sup> and under, 5th, 6th

**Date: April 17th Starting at 5:00**

This meet will be a little different than most. We will be starting races as fast as possible and giving ribbons to every heat. Once we start a race and that heat gets a safe distance away we will be starting the next race. No times will be kept. Coaches will be responsible for getting their athletes times if they want them. Again as the athlete finishes the race they will be handed a ribbon for their place in that heat and shuffled off the track as the next heat should be coming quickly after that. Athletes WILL NOT be limited to a certain number of events. Athletes may only race once per event.

The concept behind this meet is it's early in the season nobody is quite sure as to what an athlete can do. Why not give them the opportunity to try it all if they would like. For the beginners, they will get the opportunity to run all of the races while taking home a lot of ribbons. Furthermore, as a coach it is my hope to leave the meet with a better understanding of who can do what and have our young kids wearing a bunch of ribbons. And doing so in a few short hours because of the rapid fire start.

**This is a fundraiser for the Marietta Track Program so we will be charging athletes per entrance. Please remember your child will be able to run in an unlimited amount of events and be given a ribbon for each race for this cost.**

**Entry- \$5 per athlete  
Event Per Athlete- UNLIMITED**

**Athletes will be given a bracelet that will allow them to race. Coaches please let me know ahead of time if you know how many athletes you are bringing and I will have your bracelets ready. A table will be set up in the middle of the field to pay for athletes and receive bracelet.**

## **EVENTS ORDER**

**4<sup>th</sup> and under Girls, 4<sup>th</sup> and under Boys,  
5<sup>th</sup> Girls, 5<sup>th</sup> Boys,  
6<sup>th</sup> Girls, 6<sup>th</sup> Boys**

## **ORDER OF EVENTS**

400 Meter Relay  
800 Meter Run  
100 Meter Dash  
400 Meter Run  
800 Meter Relay  
1600 Meter Run Girls-Boys  
200 Meter Dash

## **Field Events**

Shot  
Long Jump