



Marlow High School
Track Invitational (4a Below)
 High School Division
 Junior High Division (8th-9th)
 (4 Divisions Total)

On behalf of the Marlow Public School System, we would like to extend to you and your track teams and invitation to attend our track meet on Thursday March 15th starting at 9:00.

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is Wednesday, March 14th @ 4pm . (((The meet will be CLOSED at 4pm!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "ENDURO Entries" website by completing ALL FIVE (5) On-line Steps. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions allowed this year. - - - Please log into your ENDURO Entries (TrackRoster) account at: www.enduroentries.com

Must verify if you are planning to attend please e-mail bwortham@marlow.k12.ok.us – bmiller@marlow.k12.ok.us or call 580-401-0453

Coaches Meeting 9:00-We have a new running surface this year.

Running events will start at 10:00

Field events will check in at 9:30 and we will follow the schedule.

Field Events-9:30

- | | |
|------------|--|
| High Jump | HS Boys- HS Girls- J.H Boys-J.H Girls |
| Long Jump | HS Girls- HS Boys-J.H Girls-J.H Boys (3-3/ 8 to Finals) |
| Shot Put | HS Boys- HS Girls-J.H Boys-J.H Girls (3-3 /8 to Finals) |
| Discus | HS Girls- HS Boys-J.H Girls-J.H Boys (3-3 / 8 to Finals) |
| Pole Vault | HS Girls-/HS Boys* J.H Boys-J.H Girls G-B Same Time |

Entry Fee: \$90.00 per team-(**3 Individuals per event**)
 \$75.00 J.V team
 \$10.00 per individual if less than 4 team members.

Entries must be affiliated with a school.

Make checks payable to Marlow High School Athletics *Track*

1st-3rd Place Medals- 1st Team Plaque

We will have a concession Coaches will be provided a ticket to eat with.

Mailing Address:

Marlow High School
 P.O Box 73

Marlow Ok 73055
 Att. Bobby Wortham
 Cell Phone-580-401-0453
 E-Mail bwortham@marlow.k12.ok.us

Name of School_____

HS Boys_____ HS Girls_____

J.H Boys_____ J.H Girls_____

Number of coaches_____



Schedule of Events

9:00 Coaches Meeting

9:30 Field Events:

High Jump	HS Boys- HS Girls- J.H Boys-J.H Girls
Long Jump	HS Girls- HS Boys-J.H Girls-J.H Boys (3-3/ 8 to Finals)
Shot Put	HS Boys- HS Girls-J.H Boys-J.H Girls (3-3 / 8 to Finals)
Discus	HS Girls- HS Boys-J.H Girls-J.H Boys (3-3 / 8 to Finals)
Pole Vault	HS Girls-/HS Boys* J.H Boys-J.H Girls- G-B Same Time

10:00 Running Events:

400 Meter Relay	J.H Girls-J.H Boys HS Girls-HS Boys
3200 Meter Relay	J.H Girls J.H Boys-HS Girls- HS Boys
100 Meter Hurdles	(33ö) J.H Girls- HS Girls
110 Meter Hurdles	(36ö) J.H Boys- (39ö) HS Boys
3200 Meter Run	HS Boys-HS Girls
800 Meter Relay	J.H Girls-J.H Boys-H.S Girls-H.S Boys
800 Meter Run	J.H Girls-J.H Boys-HS Girls-HS Boys
100 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
	15 Minute Break
3200 Meter Run	J.H Girls-J.H Boys Start During Break
400 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
300 Meter Hurdles	J.H Girls 33öHS Girls-J.H Boys 33ö-HS Boys 36ö
200 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
1600 Meter Run	J.H Girls-J.H Boys- HS Girls-H.S Boys
1600 Meter Relay	J.H Girls-J.H Boys-HS Girls-H.S Boys



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