

Midwest City High School
9th Grade Fast Time Classic

Date: Tuesday, April 17th, 2018

Time: 2:30 pm Coaches Meeting
3:00 pm Field Events
3:15 pm Running Events

Cost: \$180 for each school (\$90 Boys / \$90 Girls) No Refunds.
Send Entry Fee to:
Midwest City High School
Attention: Maggie Prather
213 Elm Street
Midwest City, OK 73110

General:

- Limited to the first 12 Teams.
- Each school may enter 3 individuals per event.
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled.
- 4 event limit per contestant.
- Contestants will be heated up on field.
- Awards may be picked up at the press box following 1600-meter relay.
- Trophies will be awarded to the top two teams.
- Medals will be awarded to the top 3 places.
- Shot, disc, and the long jump will get 3 attempts in the prelims, and the top 8 will get 3 more attempts in the finals.
- \$90.00 for each boys and girls team. \$5.00 per individual if 5 or less team members. There will be 2 divisions, boys and girls.

If you plan on attending, you must do the following:

1. You must notify Tim Thomas that you plan to attend.
(tthomas@mid-del.net)
2. You must have all your athletes listed on Enduroussa.com at least three days prior to meet. Deadline for Entries April 18, 2018 at 5:00 pm.

Place: Rose Field, 701 East Lockheed Ave., Midwest City, OK 73110

Contact: In case of Bad weather prior to Track meet call Tim Thomas (405) 219-0458 or
Enduroussa.com Website.

(Coaches There will be a Hospitality Room)

**Midwest City High School
9th Grade Fast Time Classic**

2:30 pm Coaches Meeting (On The Football Field)
3:00 pm Field Events
3:15 pm Running events and timed finals

Field Events - 3:00 pm

High Jump	Girls – Boys
Long Jump	Boys – Girls
Discus	Girls – Boys
Shot	Boys – Girls
Pole Vault	Boys – Girls

Running Events – 3:15 pm

4 x 100 Relay	Girls – Boys
4 x 800 Relay	Girls – Boys
100 Hurdles	Girls (33)
110 Hurdles	Boys (39)
3200 Run	Girls – Boys
4 x 200 Relay	Girls – Boys
800 Dash	Girls – Boys
100 Dash	Girls – Boys
400 Dash	Girls – Boys
300 Hurdles	Girls (30)
300 Hurdles	Boys (30)
200 Dash	Girls – Boys
1600 Run	Girls – Boys
4 x 400 Relay	Girls – Boys