

Hello Distance Coaches, I hope you all have had a great season of outdoor track. We have endured all the uncertainty and wild schedules to put it all behind us. This email is in regards to something special we want to build in the state of Oklahoma. A night of One Mile on the track, under the lights, seeded and set up to run the fastest time possible. We understand this is last minute set up and we will do our best to get ahead of it in the future but due to the interest we have received from some of the top distance runners we feel what better time than now. We are all set to go Monday, May 21st, 2018 at Deer Creek High School. Entries are open at EnduroUSA.com. (seeded and open to all High School Athletes) We will crown one female and one male champion at the end of the night. This will be a fun distance running celebration with music and relaxed atmosphere. Students are required to have their parents/guardians enter them online by visiting EnduroUSA.com. Registration Instruction Go to EnduroUSA.com, Enter as a guest, right side panel click on "Run Enduro (on the track), find "Enduro at night" Mile and register. Meet information: Date: Monday, May 21st, 2018 Location: Deer Creek High School Time: 7:30-9:00pm Entries are only \$5 per athlete. We hope to see you all out there. Thank you, Coach Frezer