

Oologah HS/MS Track Invitational

DATE: SATURDAY, APRIL 7th 2018
TIME: COACHES MEETING 9:00AM
FIELD EVENTS 9:30AM
RUNNING EVENTS 10:00AM
COST: \$80.00/TEAM \$480 FOR ALL SIX DIVISIONS
\$15.00/INDIVIDUAL

DIVISIONS: THERE WILL BE SIX DIVISIONS.

HS BOYS, HS GIRLS, 8thBOYS, 8th GIRLS, 7TH BOYS AND 7TH GIRLS
PARTICIPATION: EACH SCHOOL IS LIMITED TO THREE PARTICIPANTS PER EVENT.
PARTICIPANTS MAY ENTER NO MORE THAN FOUR EVENTS. STARTING BLOCKS
WILL BE PROVIDED AND SPIKES SHOULD BE ¼" OR SHORTER.
OSSAA RULES APPLY.

SEND ENTRY FEES TO: OOLOGAH-TALALA ATHLETICS
OOLOGAH HIGH SCHOOL
ATTN: BRANDON CRAIG, ATHLETIC DIRECTOR
10700 S. HWY 169
OOLOGAH, OK 74053

LIMIT 15 TEAMS

AWARDS: MEDALS TO THE TOP 3 PERFORMERS IN EACH EVENT.
PLAQUES TO THE TOP 2 TEAMS IN EACH DIVISION

LOCATION: OOLOGAH HIGH SCHOOL (MUSTANG STADIUM)
10700 S. HWY 169, OOLOGAH, OK 74053

MEET DIRECTOR: BRANDON CRAIG, ATHLETIC DIRECTOR

MEN'S TRACK COACH: SCOTT DOSS

PHONE: 918-260-3309

EMAIL: scott.doss@oologah.k12.ok.us

*Restrooms and Concessions will be available.

*There will be a Coaches Hospitality Room.

ONLINE ENTRIES: Schools planning to attend our meet must submit their entries on the **ENDURO USA** website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The on-line ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: www.endurousa.com

Do NOT enter your JH students from your HS Roster. If you need to add JH Rosters to your ENDURO USA account, go to the "Upgrade Account" window and follow the steps.

NO LATE ENTRIES *** Schools who have not entered on-line will not be added at the meet. ***

If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA account, or email him at: kevin@runenduro.com

PLEASE EMAIL OR CALL BY MARCH 1ST TO LET ME KNOW IF YOU WILL BE ATTENDING.

ORDER OF EVENTS

Field Events

9:30 a.m.

High Jump	7G-8G-HSG-7B-8B-HSB
Long Jump	7B-8B-HSB-7G-8G-HSG
Shot	8G-7G-HSB-8B-7B-HSG
Discus	8B-7B-8G-7G-HSG-HSB
Pole Vault	8B-8G-HSG-7B-7G-HSB

Timed Finals

10:00 a.m.

400 Relay	7G-8G-HSG-7B-8B-HSB
3200 Relay	7G-8G-HSG-7B-8B-HSB
100 Hurdles	7G-8G 30"
100 Hurdles	HSG 33"
110 Hurdles	7B-8B 33"
110 Hurdles	HSB 39"
3200 Run	HSB
800 Run	7G-8G-HSG-7B-8B-HSB
800 Relay	7G-8G-HSG-7B-8B-HSB
100 Dash	7G-8G-HSG-7B-8B-HSB

Break

20 MINUTES IF NEEDED

3200 Run	HSG
400 Dash	7G-8G-HSG-7B-8B-HSB
300 Hurdles	7G-8G-HSG-7B-8B-HSB
200 Dash	7G-8G-HSG-7B-8B-HSB
1600 Run	7G-8G-HSG-7B-8B-HSB
1600 Relay	7G-8G-HSG-7B-8B-HSB

***THANKS FOR YOUR PARTICIPATION AND
PLEASE CLEAN UP YOUR CAMP AREA.***