

# Putnam City North Panther Relays

## Thursday, April 5th 2018

Putnam City North Track will be hosting a 9th grade track meet this spring on **April 5th**. You must RSVP. **NO WALK UPS.**

- All running events will be timed finals.
- Scoring will be **10-8-6-4-2-1** for individual events and **20-16-12-8-4-2** for relays.
- Each school will be permitted to enter **3 contestants per event**.
- Each athlete may compete in only **4 events. 1 relay per event**.
- Shot, long jump contestants will be given **3 attempts. 6 advance to finals**.
- **4x1600m Relays and 4x800m Relay** runs will be combined when convenient.
- Team Championship Trophies will be awarded for **1<sup>st</sup>** for each girl and boy divisions.
- Medals will be awarded for the top **3 places** in each event.
- A full, well stocked concession stand will be open during the event.
- Restrooms will be on site. No dressing rooms will be available.
- Park buses in the North parking lot.
- Team Camp in designated area **NOT STANDS!**

**Coaches meeting will begin at 4:15pm**

**Field events will begin at 4:30pm**

**Running events will begin at 4:30pm**

**Entry fees are as follows:**

\$ 75.00 Per division

\$ 150.00 for both divisions

**YOU MUST RSVP TO:**

**Derek Lane:**

[dlane@putnamcityschools.org](mailto:dlane@putnamcityschools.org)

1(405) 227-1576 Cell

**Send Entry Fees to:**

Putnam City North High School

Attn: Derek Lane PCN Track & Field

11800 N. Rockwell, Ave

Oklahoma, City Ok 73162

**Putnam City North Panther Relays  
Thursday, April 5th 2018  
Order of Events**

**4:30 p.m. Field Events**

<b>Shot Put</b>	<b>Girls / Boys</b>
<b>Disc</b>	<b>N/A</b>
<b>High Jump</b>	<b>Boys / Girls</b>
<b>Long Jump</b>	<b>Girls / Boys</b>
<b>Pole Vault</b>	<b>N/A</b>

\* High Jump will follow immediately after completion of Long Jump.

**4:30 Running Events**

<b>4 x 1600m Relay</b>	<b>Girls</b>
<b>4 x 1600m Relay</b>	<b>Boys</b>
<b>100m Hurdles</b>	<b>Girls</b>
<b>110m Hurdles</b>	<b>Boys</b>
<b>4 x 100m Relay</b>	<b>Girls</b>
<b>4 x 100m Relay</b>	<b>Boys</b>
<b>Distance Medley Relay (800-400-1200-1600)</b>	<b>Girls</b>
<b>Distance Medley Relay (800-400-1200-1600)</b>	<b>Boys</b>
<b>4 x 200m Relay</b>	<b>Girls</b>
<b>4 x 200m Relay</b>	<b>Boys</b>
<b>4 x 800m Relay</b>	<b>Girls</b>
<b>4 x 800m Relay</b>	<b>Boys</b>
<b>Sprint Medley Relay (100-100-200-400)</b>	<b>Girls</b>
<b>Sprint Medley Relay (100-100-200-400)</b>	<b>Boys</b>
<b>4 x 400m Relay</b>	<b>Girls</b>
<b>4 x 400m Relay</b>	<b>Boys</b>

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**2018/INVOICE**

**TEAM:** \_\_\_\_\_

**AMOUNT OWED:** \_\_\_\_\_

**PANTHER TRACK MEET ENTRY FEE:**

**Entry fees are as follows:**

\$ 75.00 Per division

\$ 150.00 for both divisions

**\*\* Write check to "Putnam City North Track & Field" \*\***

**Send Entry Fees to:**

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Attn: Derek Lane PCN Track & Field

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