

Ringwood Track Meets-2018

Thursday, April 5th, 2018- 7th and 8th Girls and Boys (For schools who participate in Class A-2A in HS Track) \$60 per division. Individual fees are \$10 per athlete. **TIMED FINALS.**

Thursday, April 12th, 2018 8-Man Meet (8-Man Football Schools Only)
\$85 per division. Individual fees are \$20 per athlete. **TIMED FINALS.**

Saturday, April 21st, 2018.- HS Invitational Meet. (For schools who participate in Class A-2A in HS Track)
\$85 per division. Individual fees are \$20 per athlete. **PRELIMINARIES AND FINALS**

Monday, April 30th, 2018- 5th and 6th Boys and Girls For schools who participate in Class A-2A in HS Track) \$50 per division. Individual fees are \$10 per athlete. 5 entries allowed per event. **TIMED FINALS.**

TIME: Coaches Meeting: 9:00 a.m.
 Field Events begin: 9:15 a.m.
 Running Events begin: 9:45 a.m.

LIMITATIONS: A team consists of 4 or more athletes
 Each Contestant is limited to 4 events, including relays.
 Each school is limited to 3 entrants in each event and 1 team in each relay
 (5 entrants are allowed in the 5th/6th grade meet.)
 4 throws will be allowed in the shot and discus.
 No finals for TIMED FINALS meets.
 High jump in all levels.
 Pole vault in 7th/8th grade and HS meets

AWARDS: Medals will be awarded to the top five (5) places in each event. No team trophies

TEAM POINTS: 10-8-6-4-2-1. Double points awarded in relays

EQUIPMENT: 8-lane polyurethane track. Automatic timing system. Please use only short (1/4 inch) spikes or flat shoes on track surface. Ringwood will provide starting blocks.

FOOD: A concession stand will be in operation throughout all of the meets. Participants are asked to keep tents on the outside of the track fence, Please no chairs or blankets on the infield.

Please call Ringwood High School with questions. Please direct questions.