BOOKER T. WASHINGTON JR. HIGH TRACK CLASSIC 7TH-8TH -9TH BOYS AND GIRLS





Tuesday, April 17th, 2018

~~~Coaches that attend the Booker T. Washington meet (1) MUST notify the host of their intent to compete at least 3 days prior to the meet and, (2) each team that attends the meet MUST have all athletes registered entered on <a href="mailto:endurousa.com">endurousa.com</a> at least 2 days prior to competition.

On behalf of the Tulsa Public School System, we extend to you and your teams a sincere invitation to participate in our Junior High School Boys and Girls Track and Field Meet. We have a brand new track surface. The following will give you the information you need for this meet.

ENTRY FEE: \$90.00 for each boys and girls team. \$15.00 per individual if less than four (4) members on a team. NO REFUNDS. Make checks payable to Booker T. Washington High School Track. Mailing address: ATTN: Greg Nash Booker T Washington High School 1514 E Zion St Tulsa, OK 74106

<u>TIME:</u> All teams report Booker T. Washington Field House by 9:30 a.m. for coaches meeting. Field events will begin at 10:00 a.m. Running events will begin at 10:30 a.m.

<u>DIVISIONS:</u> There will be six (6) divisions 7<sup>th</sup> boys and girls, 8<sup>th</sup> boys and girls, and 9<sup>th</sup> boys and girls.

<u>LIMITATIONS</u>: Each contestant is limited to four (4) events, including relays and field events. Each school is limited to three (3) entrants in each events and one (1) team in each relay. Three (3) throws will be in the shot, discus, and three (3) jumps in the long jump.

MEDALS: Awarded to 1st, 2nd, and 3rd place in all events. Trophies for 1st and 2nd in each division.

TEAM POINTS: Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

<u>EQUIPMENT:</u> Booker T. Washington will furnish all starting blocks to contestants 1/4" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

We hope that you and your teams can be with us for this track meet.

Greg Nash Head Boys and Girls Track and Field Coach

Email: nashgr@tulsaschools.org School: (918) 925-1068 Cell: (918) 638-1525

#### **BOOKER T. WASHINGTON JR HIGH TRACK CLASSIC**

7<sup>TH</sup>, 8<sup>TH</sup>, & 9<sup>TH</sup>

**BOYS AND GIRLS** 

## **FIELD EVENTS**

10:00am Start

High Jump 7B-8B-9B-7G-8G-9G Long Jump 7G-8G-9G-7B-8B-9B Shot 7G-8G-9G-7B-8B-9B Discus 7B-8B-9B-7G-8G-9G Pole Vault 9B-8B-7B-9G-8G-7G

### **TIME FINALS**

10:30am Start

3200 relay Girls-Boys

100 hurdles Girls110 hurdles Boys

400 relay Girls-Boys 800 run Girls-Boys 100 dash Girls-Boys 400 dash Girls-Boys

800 relay Girls
1600 run Girls
300 hurdles Girls
300 hurdles Boys
1600 run Boys

1600 relay Girls-Boys

Coaches Meeting will begin at 9:30 a.m.