

Watonga Public Schools

Watonga Invitational Track and Field Meet

April 5, 2018

Watonga High School will be hosting their invitational track meet on April 5, 2018. This is an open invite to any school. We have a 7 lane track and an 8 lane straight, full pour polyurethane track surface that was installed in November of 2015 and a fully automatic timing system. There will be two (2) divisions: HS Girls and HS Boys.

We will follow the state association rules and regulations and the following:

- This will be a finals meet.
- Only four (4) events may be entered by one contestant.
- Each team may enter three (3) contestants per individual event, and one team per relay.
- Points will be scored 10-8-6-4-2-1 and will double for relays 20-16-12-8-4-2.
- Five (5) medals will be awarded in each individual event and Three (3) in the relays. Team Champion and Runner-Up Trophies will be awarded per division.
- An entry fee of \$90.00 per division or \$180.00 for both girls and boys high school teams will be charged. \$20.00 per individual up to 4. Make checks payable to Watonga High School. No refunds.
- This is a Rosters ONLY meet. Entries are to be completed online using ENDURO Entries (www.enduroentries.com). Phone or faxed entries will not be accepted.
- Schools must have rosters entered on ENDURO Entries by **April 4, 2018**. Please enter your TEAM (athletes) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Kevin McWatters at: kevin@enduroussa.com
- ¼ö or less spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.
- Contestants will be heated on the field for their running event.
- Athletes will not be allowed on the field unless they are warming up or competing in an event at the time.
- Coaches meeting will be at 11:30 a.m. Field events will start at 12:00 p.m., Running at 12:30 p.m.
- A concession stand will be open.

Contact Coach Coleman if you any questions about the meet.

Phone: 580-478-2039 Email: jcoleman@watonga.k12.ok.us

Order of Events:

Field Events: 12:00 pm

High School contestants will have three (3) attempts to receive a legal mark in the Shot Put, Discus, and Long Jump and three (3) more for Finals. Top 7 marks will advance.

High Jump: Girls, Boys

Long Jump: Boys, Girls

Pole Vault: Girls, Boys

Shot Put: Boys, Girls

Discus: Girls, Boys

Running Events: 12:30 pm

3200M Relay Girls, Boys

800M Relay Girls, Boys

45 Min. Break

400M Relay Girls, Boys

800M Dash Girls, Boys

100M Hurdles Girls

110M Hurdles Boys

100M Dash Girls, Boys

400M Dash Girls, Boys

300M Hurdles Girls, Boys

200M Dash Girls, Boys

1600M Run Girls, Boys

1600M Relay Girls, Boys