

RED RIVER INVITATIONAL Track Meet

Saturday, April 21, 2018

Waurika High School will host a High School Track and Field meet on, Saturday, April 21, 2018. Classes 3A-1A

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on ENDURO USA by going to the "Entries Window" for our meet and selecting a "Division" for each student that's attending – then completing the "Final Step" - which is to verify your entries. This is a "Roster Entries" meet. The entry deadline for this meet is

Friday April 20th by 6:00pm.

Log into your ENDURO USA account at: www.enduroussa.com.

We will run it with the regional format.

Starting Time: Coaches Meeting 9:00

Field Events 9:30

Running Events 9:45

****Admission Entry Fee: \$80 per team Less than 4 members \$10 each.**

Divisions: High School Girls High School Boys

Participation: Each athlete may compete in 4 events. Each school may enter 3 in each event.

Team Awards: Team scores will be kept but there will be no team trophies.

Medals: Medals will be awarded to top 5 individuals and top 3 relays.

**Inclement Weather: Call Joe Masoner cell 580-313-0224 or Roger Jessie 580-228-4576
School 580-228-2341**

Entry Form

School_____

Phone:_____

_____HS Girls _____HS Boys

Mail to

Joe Masoner

Waurika High School

600 E. Florida

Waurika, OK 73573

Order of Events

Field Events: Prelims 3 Throws or Jumps; Finals 3 Throws or Jumps

Shot: HS Girls, HS Boys

Discus: HS Boys, HS Girls

High Jump: HS Girls, HS Boys

Long Jump: HS Boys, HS Girls

Running Events:

PRELIMINARIES

400 Relay - Girls, Boys

3200 Relay - Girls, Boys (Final)

100 H. Hurdles - 33" Girls

110 H. Hurdles - 39" Boys

100 Dash - Girls, Boys

3200 Meter Run - Boys (Final)

800 Relay - Girls, Boys (Final)

3200 Meter Run - Girls (Final)

200 Meter Dash - Girls, Boys

<45 minute break>

FINALS

400 Meter Relay - Girls, Boys

800 Meter Run - Girls, Boys

100 Meter High Hurdles - Girls

110 Meter High Hurdles - Boys

100 Meter Dash - Girls, Boys

400 Meter Dash - Girls, Boys

300 Meter Low Hurdles - Girls

300 Meter Int. Hurdles - Boys

200 Meter Dash - Girls, Boys

1600 Meter Run - Girls, Boys

1600 Meter Relay - Girls, Boys