



## Wyandotte Track Meet Middle School (6th-7th) and Jr. High(8th-9th)

*Monday April 16th, 2018*

### **Dear Fellow Track Coaches:**

On behalf of Wyandotte Public Schools, we would like to invite you to compete in our annual Wyandotte Middle School and Jr. High School track meet.

**Date:** Monday, April 16th, 2018

**Time:** Coaches meeting @ 9:00 am

**All Events start @ 9:30**

**Entry Fee: \$55.00** for each girls and boys team (110. for both). Teams with less than four members, \$10.00 per individual. Please make checks payable to Wyandotte Public Schools.

**Limit:** One relay per team, only 4 events per contestant. Only three entrants per school per event. Timed Finals. 3 attempts per field event. **No pole vault.**

Please no team camps near the discus, shot put ring, or long jump pit. There is plenty of room under the stands. No warm-up throws without a coach present for discus and shot. No boom boxes. **NO SHOT PUTS on the FOOTBALL FIELD!**

The track is a asphalt surface, it is highly recommended that you **DO NOT** wear spikes, running shoes would be best.

**Inclement weather:** Call 918-678-2222

Steve Buckingham -High School Principal 918-678-2222 ext. 229

Lynn Cutshaw, Head Track Coach 918-207-5870

JK Wayne, AD 918-678-2222 ext. 246



## Wyandotte Track Meet Middle School (6th-7th) and Jr. High(8th-9th) Monday April 16th 2018

**9:00** - Coaches Meeting

**9:30** - Running Events - Running order for all events MS Girls, MS Boys, JH Girls, JH Boys

- 400 meter relay
- 3200 meter relay
- 100 meter hurdles (MS Girls, MS Boys, JH Girls - 30'')
- 110 meter hurdles (JH Boys - 33'')
- 800 meter relay
- 800 meter run
- 100 meter dash
- 400 meter dash
- 300 meter hurdles (JH Girls 30'')(JH Boys 33'')
- 200 meter dash
- 1600 meter run (may run this first if track has dew that hasn't burned off by start time)
- 1600 meter relay

**9:30-** Field Events -- Next division starts as soon as the preceding finishes.

High jump	Long Jump	Shot Putt	Discus
JH GIRLS	MS BOYS	MS GIRLS	JH BOYS
MS GIRLS	JR BOYS	JH GIRLS	MS BOYS
JH BOYS	MS GIRLS	MS BOYS	JH GIRLS
MS BOYS	JH GIRLS	JH BOYS	MS GIRLS

\*There may be qualifying jumps and throws