



		Alex 4th, 5th, and 6th Grade Invitational		
		Thursday April 18th, 2019		
		4th / 5th / 6th Division		
		Coaches Meeting: 9:00 am		
		Field Events: 9:30 am		
		Running Events: 10:00 am		
Track Coaches:	On Behalf of the Alex Public School System, we would like to invite you to the Annual Alex 4th, 5th, and 6th Grade Invitational on Thursday April 18th, 2019 Starting at 9:00 am.			
Entry Fees:		\$25 Per Division		
		\$150 for All Divisions		
		Make Checks Payable to: Alex Public Schools		
Awards:		Medals to the top 3 in each event.		
Contestants:		Each school may enter 3 contestants per event and 1 relay.		
		Athletes may enter 4 events		
4 Divisions:		4th Girls, 4th Boys, 5th girls, 5th boys, 6th Girls, 6th Boys		
Track:		New 8 lane all weather surface.		
		SHORT SPIKES ONLY!		
Timed Finals:		All Events		
Parking:		All Buses will park on the East side of the Football Field.		
Facilities:		Concession Provided. Hospitality for Coaches Provided. No Dressing Rooms		
		PLEASE RSVP!		
		Send Checks to: Alex Public Schools		
		PO Box 188 Alex, OK 73002		
		email: mbrand@alex.k12.ok.us or cell: (405)664-2106		



Schedule of Events				
9:00 am		Coaches Meeting		
9:30 am		Field Events		
		High Jump	4th Girls, 4th Boys, 5th girls, 5th boys, 6th Girls, 6th	
		Long Jump	4th Boys, 4th Girls, 5th Boys, 5th Girls, 6th Boys, 6t	
		Shot Put	6th Girls, 6th Boys, 5th Girls, 5th Boys	
		Discus	5th Girls, 5th Girls, 6th Girls, 6th Boys	
		Softball Throw	4th Girls, 4th Boys	
10:00 am		Running Events		
		Order:	4th Girls, 4th Boys, 5th Girls, 5th Boys, 6th Girls, 6th Boys	
		400 Meter Relay		
		800 Meter Run		
		60 Meter Hurdles	4th Girls, 4th Boys	
		100 Meter Hurdles	5th Girls, 5th Boys, 6th Girls, 6th Boys	
		100 Meter Dash		
		400 Meter Run		
		200 Meter Dash		
		1600 Meter Relay		
		NO TEAM CAMPS ON THE TRACK INFIELD		
		OSSAA RULES APPLY		

