

**ALTUS JUNIOR HIGH
ATHLETIC DEPARTMENT
RIDGECREST AND S. PARK LANE
580-481-2648**

Dear Girls and Boys Track Coach:

On Tuesday, April 2nd, 2019 Altus Junior High School will be hosting the Altus Junior High Invitational Track and Field Meet. There will be four divisions: 8th grade Boys, 8th grade Girls, 7th grade Boys and 7th grade girls.

Trophies will be awarded to the Champions in each division. National Federation Rules for Track and Field will be used. Three student athletes in one event. You can run some JV runners. Medals will be given to the top 3 places in each event, in each division.

Please plan on attending our meet. We promise a great, fast paced meet.

**Entry Fee: \$90.00 Boys
 \$90.00 Girls
 \$160.00 for two teams
 \$300.00 if you enter all divisions.**

**Mail to: Altus High School
 400 N. Park Avenue
 Altus, Ok. 73521
 Attn: Athletic Dept.**

If you have any questions, please feel free to call Coach Robert Garrison, work 580-481-2173, cell- 580-481-0327 or email rgarrison@altusps.com. or email Coach Angie Marple at amarple@altusps.com, Coach Kelli Gribble at kgribble@altusps.com or contact Athletic Director Randall Coffman at 580-481-2647 or rcoffman@altusps.com.

Sincerely,
The Altus Track Coaching Staff

School: _____

Boys Division: 7th: _____ 8th: _____ Girls Division: 7th: _____ 8th: _____

Name of Head Coach: _____

Phone # in case of inclement weather: _____

**ALTUS JUNIOR HIGH INVITATIONAL TRACK MEET
SCHEDULE OF EVENTS
TUESDAY, APRIL 2ND, 2019**

COACHES MEETING: 1:15 PM

FIELD EVENTS: 1:30 PM

HIGH JUMP-	7 BOYS, 8 BOYS, 7 GIRLS, 8 GIRLS
LONG JUMP-	7 GIRLS, 8 GIRLS, 7 BOYS, 8 BOYS
POLE VAULT-	ALL DIVISIONS TOGETHER
SHOT PUT-	8 BOYS, 7 BOYS, 8 GIRLS, 7 GIRLS
DISCUS-	8 GIRLS, 7 GIRLS, 8 BOYS, 7 BOYS

LJ, SHOT AND DISCUS WILL BE 3 ATTEMPTS ONLY.

FINALS: 2:00 PM (7G, 8G, 7B, 8B unless otherwise noted)

- 400m Relay**
- 3200 Relay**
- 100m Hurdles (Girls)**
- 110m Hurdles (Boys)**
- 100m Dash**
- 3200m Run- Boys and Girls together**
- 800m Relay**
- 800m Run**
- 400m Dash**
- 300m Hurdles**
- 200m Dash**
- 1600m Run**
- 1600m Relay**

ENTRY FORMS OR INTENT TO ATTEND DUE BY MARCH 31ST.

PLEASE SEND TO RGARRISON@ALTUSPS.COM OR FAX TO ROBERT GARRISON AT 580-481-2547