Wampus Cat

Junior High Invitational

6th 7th 8th Grades - - - April 11th, 2019

Coaches, we're proud to invite you to our 2nd annual Wampus Cat Junior High Invitational in our new sports complex, with an eight lane all-weather track, and new throwing and jumping areas.

- Coaches meeting 9:00 in the weight room. --- FE begin at 9:30. --- RE begin at 10:00.
- There will be six divisions

6th Grade Girls 6th Grade Boys 7th Grade Girls 7th Grade Boys 8th Grade Girls 8th Grade Boys

OSSAA Rules Apply

- Entry Fee: \$65.00 per division or \$360.00 for all six divisions
- ON-LINE ENTRES & Our Meet's "PREVIEW" window --- see below --- Entry Deadline: day before the meet @ 6pm. (see below)
- Qualifying heights and distances to be determined at the coaches meeting. (There will be a qualifying marks in shot put, discus, and long jump.) After qualifying, each athlete will get three competitive measured attempts.
- All running events will be automated timed finals.
- Hospitality room provided for coaches and administrators in the weight room.
- Coaches please have only athletes who are warming up, competing, or cooling down on the infield. **NO camps or lawn chairs allowed on the infield.**
- Custom medals to the top three relay finishers & top five finishers in all other events.
- ¼ inch spikes or shorter ONLY, starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the west side of the stadium.

If you plan on attending, need further information, or in case of inclement weather contact:

Chet Braudrick - <u>Office</u> 580-889-3361 <u>Cell</u> 580-889-0054 Jacob Cupp - 580-889-3361

AD Russ Harrison - 580-889-3361

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is **Wednesday**, **April 10th** @ **6pm.** (((The meet will be CLOSED at 6pm!))) No late entries accepted. - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**".

If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year.

- - - Please log into your ENDURO USA™ account at: www.endurousa.com

--- **NEW** ---

PREVIEW window: Immediately before you depart for our meet, please view our meet's "PREVIEW" window for any last minute changes that effect the meet. To find our meet's "PREVIEW" window, click on our meet in the "Student Meets and Events LIST" (on the right side of the window) after you log into your account.

ORDER OF EVENTS

FIELD EVENTS - 10:00 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers we may group vaulters)

TIMED FINALS - 10:30 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

Throwers Relay- one race for all classes combined at least one female participant per team

1600 Meter Relay Girls-Boys