

# BETHANY HIGH SCHOOL 4<sup>th</sup> ANNUAL

## Bethany Twilight

Bethany High School extends an invitation for your school to participate in our 4th annual High School Boys and Girls Twilight Meet. This event will be held on Thursday, March 14, 2019, starting at 4:00 p.m. The following will give you the information you need concerning this meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50th Street and Council Road in Northwest Oklahoma City.

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**ONLINE ENTRIES:** Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: [www.endurousa.com](http://www.endurousa.com) NO LATE ENTRIES \*\*\* Schools who have not entered on-line will not be added at the meet. \*\*\* If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA account, or email him at: [kevin@runenduro.com](mailto:kevin@runenduro.com)

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**Entry Fee:** \$90.00 (each boys team) and \$90.00 (each girls team) (\$180.00 total). Make checks payable to Bethany Public Schools.

Bring Checks or Send to: Bethany Public Schools  
Attn. Adam Forester  
6721 NW 42nd Street  
Bethany, OK, 73008

**Field Size:** **\*\*The field will be limited to the first 8 schools that contact the meet directors.\*\***

**Divisions:** High School Boys, High School Girls

**Timing:** We will be using a fully automatic timing system.

**Trophies:** Team points will be kept, but NO trophies will be given.

**Medals:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in all events.

**Entrants:** Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event. Each school can have unlimited relay entries, although all "A" relays will run in the same heat. **Only three (3) athletes and one (1) relay from a school can score points.**

**Time Schedule:**  
3:30 PM – Coaches Meeting  
4:00 PM – Field Events  
4:00 PM – 3200 Meter Run  
5:15 PM – Running Events (Timed Finals)

**Events:** Three (3) throws or jumps and then qualify eight (8) to finals shot put, discus, and long jump. If field size is less than 12 competitors the number of throws or jumps may be modified.

**Team Points:** Points will be awarded to the top 6 (10-8-6-4-2-1) with Relays doubled (20-16-12-8-4-2).

**Equipment:** Our track is an all weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

**Entries:** Please let us know if you would like to attend this meet. Send an email to Adam Forester at [aforester@bethanyschools.com](mailto:aforester@bethanyschools.com).

**For questions or in case of possible inclement weather please contact the meet directors:**

Adam Forester, Head Boys Track Coach  
[aforester@bethanyschools.com](mailto:aforester@bethanyschools.com)  
405-664-6022 (Cell)

Teresa Johnson, Head Girls Track Coach  
[tjohnston@bethanyschools.com](mailto:tjohnston@bethanyschools.com)  
405-249-5668 (Cell)

Jon Arthur, Athletic Director  
[jarthur@bethanyschools.com](mailto:jarthur@bethanyschools.com)  
405-664-6183 (Cell)  
405-499-4608 (Office)

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### Schedule of Events

**3:30** Coaches Meeting (Locker Room by the Starting Line)

### Field Events

<b>4:00</b>	Discus	Girls	Boys
	High Jump	Boys	Girls
	Shot Put	Boys	Girls
	Long Jump	Girls	Boys
	Pole Vault	Boys	Girls

*We will qualify the top eight (8) in all field events to the finals (unless field size is less than 12 competitors in which case the number of throws or jumps may be modified) and we will run all races as final heats against time.*

### Running Events

\*Approximate Times

<b>4:00</b>	3200 Meter Run	Girls	Boys
<b>5:15</b>	400 Meter Relay	Girls	Boys
<b>5:25</b>	3200 Meter Relay	Girls	Boys
<b>5:55</b>	100 Meter Hurdles	Girls (33")	
<b>6:00</b>	110 Meter Hurdles	Boys (39")	
<b>6:10</b>	800 Meter Relay	Girls	Boys
<b>6:25</b>	800 Meter Run	Girls	Boys
<b>6:35</b>	100 Meter Dash	Girls	Boys
<b>6:45</b>	400 Meter Dash	Girls	Boys
<b>7:05</b>	300 Meter Hurdles	Girls (30")	Boys (36")
<b>7:25</b>	200 Meter Dash	Girls	Boys
<b>7:40</b>	1600 Meter Run	Girls	Boys
<b>8:00</b>	1600 Meter Relay	Girls	Boys

## Bethany High School Track Meet Records

Field Events	<b>Bethany Twilight Records 2016-Present</b>	<b>Bethany Track Facility Records All Meets held at Track Complex 1982-Present</b>
Shot Put	G: Tierra Meyers, Putnam City North, 37'4" (2016) B: Trenton Mannering, Thomas, 43'8.5" (2016)	G: Ashley Bryant, Newcastle, 42'10" (2012) B: Wes Simms, Weatherford, 56'8" (1999)
Discus	G: Madeline Owen, Tuttle, 104'5" (2017) B: Jordan Baker, Putnam City North, 124'8" (2016)	G: Mariah Garcia, Mustang, 149'5" (2012) B: Wes Simms, Weatherford, 178'2" (1999)
Long Jump	G: Midajah Riles, Lawton, 15'2" (2016) B: Jair Thoams, Lawton, 20'9" (2016)	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)
High Jump	G: Kylie Moseley, SW Covenant, 4'8" (2017) B: Landon Stout, Bethany, 5'10" (2016) B: Micah Moseley, SW Covenant, 5'10" (2017)	G: 9 Tied, 5'4" (1984-2014) B: 3 Tied, 6'8" (1980-2012)
Pole Vault	B: Evan Brinegar, Bethany, 13'0" (2016)	G: Erin Shaughnessy, Shawnee, 11'1" (2011) B: Wilkenson, Stroud, 15'6" (1996)
Running Events	<b>Meet Records</b>	<b>Track Records</b>
100 Meter Dash	G: Kaley Knox, Bethany, 12.56 (2016) B: Demariyon Houston, 11.12 (2016)	G: Audrianna Morgan, Centennial, 12.17 (2012) B: Delans Griffin, Clinton, 10.74 (2010)
200 Meter Dash	G: Taniyah McMillian, Millwood, 26.54 (2016) B: Jair Thomas, Lawton, 22.21 (2016)	G: Audrianna Morgan, Centennial, 25.42 (2012) B: Delans Griffin, Clinton, 21.94 (2010)
400 Meter Dash	G: Kaley Knox, Bethany, 1:02.13 (2017) B: Riley Taylor, Tuttle, 51.66 (2017)	G: Kaley Knox, Bethany, 59.52 (2014) B: Jywayne Allen, Ardmore, 49.04 (2012)
800 Meter Run	G: Aubrey Schmidt, Washington, 2:31.02 (2017) B: Adran Gibbs, Putnam City North, 2:12.48 (2016)	G: Levan, Casady, 2:21.24 (1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)
1600 Meter Run	G: Aubrey Schmidt, Washington, 5:40.64 (2017) B: Carson Sandvik, Bethany, 5:01.07 (2017)	G: Emily Helms, Mustang, 5:26.48 (2012) B: Zach Porterfield, Stillwater, 4:31.23 (2014)
3200 Meter Run	G: Madeline Loosen, Kingfisher, 12:36.26 (2017) B: Carson Sandvik, Bethany, 11:02.76 (2016)	G: Emily Helms, Mustang, 11:36.53 (2012) B: Doyle, Watonga, 10:02.14 (2007)
100/110 Meter Hurdles	G: Makenna Parker, Tuttle, 16.53 (2017) B: Chris Cohen, Millwood, 15.35 (2016)	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)
300 Meter Hurdles	G: Midajah Riles, Lawton, 51.28 (2016) B: Chris Cohen, Millwood, 42.21 (2016)	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 39.44 (1984)
400 Meter Relay	G: Bethany, 51.29 (2017) B: Tuttle, 44.14 (2017)	G: Guthrie, 50.26 (2013) B: Millwood, 42.74 (2007)
800 Meter Relay	G: Tuttle, 1:49.47 (2017) B: Lawton & Tuttle, 1:30.79 (2016, 2017)	G: Millwood, 1:45.74 (1995) B: Guthrie, 1:29.80 (2014)
1600 Meter Relay	G: Lawton, 4:24.38 (2016) B: Tuttle, 3:34.57 (2017)	G: Shawnee, 4:09.55 (2012) B: Enid, 3:25.15 (2013)
3200 Meter Relay	G: Kingfisher, 11:06.00 (2017) B: Tuttle, 8:47.63 (2017)	G: Shawnee, 9:57.22 (2012) B: Chisholm, 8:13.47 (2015)