

# 38<sup>th</sup> ANNUAL BETHANY MIDDLE SCHOOL 7<sup>th</sup> AND 8<sup>th</sup> GRADE INVITATIONAL TRACK MEET 2019

Bethany Schools extends an invitation for your school to participate in our 38<sup>th</sup> annual Middle School Boys and Girls Invitational Track and Field Meet. This event will be held on Thursday, March 28, 2019, starting at 3:00 pm. The following will give you the information you need concerning this meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50<sup>th</sup> Street and Council Road in Northwest Oklahoma City.

**Entry Fee:** \$70.00 (each boys team) and \$70.00 (each girls team) (\$280.00 total) and \$20.00 per individual (up to 4).  
Make checks payable to Bethany Public Schools.  
Bring Checks or Send to: Bethany Public Schools  
Attn. Adam Forester  
6721 NW 42<sup>nd</sup> Street  
Bethany, OK, 73008

**Field Size:** **\*\*The field will be limited to the first 10 schools that contact the meet directors.\*\***

**Trophies:** Trophies will be awarded to the 1<sup>st</sup> place team in each division.

**Divisions:** 8<sup>th</sup> Boys, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 7<sup>th</sup> Girls

**Medals:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in all events.

**Entrants:** Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one team in each relay. Also, there will be **no 300 Meter Hurdles.**

**Time Schedule:**  
2:30 PM Coaches Meeting  
3:00 PM Field Events  
3:15 PM Running Events (Timed Finals)

**Events:** Each contestant will receive three (3) throws or jumps only in the field events. No Pole Vault.

**Dinner:** Dinner will be provided for coaches.

**Team Points:** Points will be awarded to the top 8 (10-8-6-4-2-1) with Relays doubled (20-16-12-8-4-2).

**Equipment:** Our track is an all weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

**Entries:** Please let us know if you would like to attend this meet. Send an email to Adam Forester at [aforester@bethanyschools.com](mailto:aforester@bethanyschools.com).

**For questions or in case of possible inclement weather please contact the meet directors:**

Adam Forester, Head Boys Track Coach  
[aforester@bethanyschools.com](mailto:aforester@bethanyschools.com)  
405-664-6022 (Cell)

Teresa Johnson, Head Girls Track Coach  
[tjohnston@bethanyschools.com](mailto:tjohnston@bethanyschools.com)  
405-249-5668 (Cell)

Jon Arthur, Athletic Director  
[jarthur@bethanyschools.com](mailto:jarthur@bethanyschools.com)  
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405-499-4608 (Office)

**38<sup>th</sup> ANNUAL BETHANY MIDDLE SCHOOL INVITATIONAL**  
**SCHEDULE OF EVENTS**

**2:30** Coaches Meeting (Locker Room behind the Stadium)

**Field Events**

<b>3:00</b>	Discus	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	High Jump	8 <sup>th</sup> Girls	7 <sup>th</sup> Girls	8 <sup>th</sup> Boys	7 <sup>th</sup> Boys
	Long Jump	8 <sup>th</sup> Boys	7 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Girls
	Shot Put	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls

**Timed Finals**

<b>3:15</b>	100 Meter Hurdles	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls		
	110 Meter Hurdles	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys		
	400 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	3200 Meter Relay	7 <sup>th</sup> Girls/7 <sup>th</sup> Boys		8 <sup>th</sup> Girls/8 <sup>th</sup> Boys	
	100 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	800 Meter Run	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	800 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	400 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	200 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	1600 Meter Run	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	1600 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys

**Pick up Medals & Plaques from the Pressbox at the Conclusion of the 1600 Meter Relay**

## Bethany Middle School Invitational Meet Records

Field Events	Girls Records	Boys Records
Shot Put	7G: Tuberville, Choctaw, 33'10" (2005) 8G: Gillespie, Independence, 38'2" (2017))	7B: Brassfield, Minco, 44'1" (2000) 8B: Hill, Tuttle, 49'4" (1985)
Discus	7G: Tuberville, Choctaw, 88'7" (2005) 8G: Julie Treece, Bethany, 98'3" (1985)	7B: Meeson, Cyril, 128'8.5" (1991) 8B: Staub, Minco, 157'7" (2000)
Long Jump	7G: Watkins, Elk City, 15'7" (1989) 8G: Seamster, Watonga, 16'10" (2000)	7B: Bryson, Elk City, 19'8" (1989) 8B: Adokiye Iyaye, Piedmont, 20'6.25" (2014)
High Jump	7G: 3 Tied, 5'0" (2003-2006) 8G: 2 Tied, 5'2" (1985-2000)	7B: 2 Tied, 5'6" (1989-1992) 8B: Thomas, Jones, 6'2" (2005)
Running Events	Girls Records	Boys Records
100 Meter Dash	7G: Watkins, Elk City, 13.34 (1989) 8G: Spellman, Luther, 12.44 (2000)	7B: King, Watonga, 12.04 (1997) 8B: Thomas, Jones, 11.54 (2005)
200 Meter Dash	7G: Watkins, Elk City, 27.24 (1989) 8G: Hawkins, Millwood, 26.85 (2000)	7B: King, Watonga, 24.64 (1997) 8B: Smith, Crooked Oak, 24.04 (1987)
400 Meter Dash	7G: Johnston, Bethany, 1:03.24 (2010) 8G: Herring, Mayfield, 1:00.44 (2017)	7B: Martin, Monroney, 56.84 (2010) 8B: Howard Douglas, Taft, 52.33 (2014)
800 Meter Run	7G: Ezell, SW Covenant, 2:31.9 (2017) 8G: Levan, Casady, 2:29.64 (1987)	7B: Gladd, Elk City, 2:17.24 (1997) 8B: Medicine Bear, Watonga, 2:07.24 (1999)
1600 Meter Run	7G: Lettkeman, Watonga, 5:48.64 (1998) 8G: Frezonke, Casady, 5:38.74 (1997)	7B: Blake Cone, Piedmont, 5:19.06 (2014) 8B: Albright, Deer Creek, 4:53.04 (1993)
100/110 Meter Hurdles	7G: 2 Tied, 17.74 (1992-2001) 8G: Coleman, Watonga, 17.04 (2001)	7B: Maloy, Kingfisher, 16.44 (1994) 8B: Barnes, John Marshall, 15.54 (2010)
300 Meter Hurdles	7G: Carpenter, Northeast, 53.04 (2005) 8G: Charity Fair, Monroney, 52.67 (2014)	7B: Smith, Monroney, 47.94 (2005) 8B: Sasha McCoy, Bethany, 44.55 (2013)
400 Meter Relay	7G: Crooked Oak: 53.64 (1987) 8G: Cooper, 52.44 (2017)	7B: Watonga, 48.44 (1997) 8B: Taft, 47.20 (2014)
800 Meter Relay	7G: Deer Creek, 1:58.44 (2015) 8G: Independence, 1:52.44 (2017)	7B: Piedmont, 1:47.44 (2017) 8B: Taft, 1:39.60 (2014)
1600 Meter Relay	7G: Watonga, 4:34.24 (1999) 8G: Millwood, 4:26.54 (1999)	7B: Jones, 4:06.64 (1991) 8B: Weatherford, 3:46.34 (1998)
3200 Meter Relay	7G: Deer Creek, 11:14.82 (2013) 8G: Moore Brinks, 10:59.74 (2005)	7B: Casady, 9:57.24 (1992) 8B: Watonga, 9:14.04 (1999)