

**BIG 10 CONFERENCE TRACK
AND FIELD CHAMPIONSHIPS**

Thursday, April 25, 2019

CHOCTAW

High School

14300 NE 10 St., Choctaw, OK 73020

Meet Director - Jay Reaves

Meet Official/Starter - Tom Harris

- Coaches meeting 3:15p.m.
- Running Events 4:00 p.m.
- Field Events 3:45 p.m.
- ALL TIMED FINALS/F.A.T.

ONLINE ENTRY PROCESS : Schools planning to attend this meet must submit their entries on the ENDURO USA website (www.enduroussa.com). This is a " Seeded Entries " meet. Remember to add seed times and marks for all attending athletes on the "Entries Window". If you enter a seed time or mark that is not honest, the athlete may be seeded with a NT / NM and may lose his/her preferred lane assignment at the sole discretion of meet management. The entry deadline is Tuesday April 23rd by 5:00pm. NO LATE ENTRIES * * * Schools who have not entered online will NOT be added at the meet. (No exceptions.) If you have any questions about your ENDUROUSA account email Kevin McWatters at: kevin@runenduro.com NEW : please be sure to visit the " Meet Preview " window for our meet on the ENDUROUSA website BEFORE departing for our meet in case there are any last minute changes. We will post any last minute information concerning the meet on that window.

Divisions: Varsity and 9th Grade

*Athletes may compete in ONLY 1 division! Athletes **CANNOT** move divisions.

Trophies:

- Varsity
- 9th Division Champion

Medals:

- 3 individuals/1 relay per team! NO "B" TEAMS ALLOWED!
- 3 medals for individual events
- 3 medals for relay events! In both divisions!

Concession: **CHS** will operate concessions.

Team Camps: Camp on outer perimeter of the Track. No CAMPING in Stands

Order of Events:

4x100relay 9 g, V g, 9 b, V b

4x 800relay 9 g, V g, 9 b, V b **combined g - combined b - scored separately**

100h 9 g, V g

110h 9 b, V b

3200m 9 b, V b **combined - scored separately**

4x200relay 9 g, V g, 9 b, V b

800m 9 g, V g, 9 b, V b

100m 9 g, V g, 9 b, V b

3200m 9 g, V g **combined - scored separately**

400m 9 g, V g, 9 b, V b

300h 9 g, V g, 9 b, V b

200m 9 g, V g, 9 b, V b

1600m 9 g, V g, 9 b, V b

4x400m 9 g, V g, 9 b, V b

High Jump: 9 g+ Vg/ 9 b+ V b (+ = combined event) (medals, points separate)

Long Jump: Vb = 3 jumps - **Top 8 to finals**/ 9b = 3 jumps- **NO Finals**

Vg = 3 jumps - **Top 8 to finals**/ 9g = 3 jumps- **NO Finals**

Shot: 9g+9 b =3 throws-**NO Finals** / Vg+ Vb=3 throws - **Top 8 to finals**

Discus: Vg+V b= 3 throws - **Top 8 to Finals** /9g+9b= 3 throws-**NO Finals**

Pole Vault: 9g+Vg (combined medals, point separate)

9b+Vb (combined medal, point separate)

BIG 10 Track Conference Field Event Assignments:

- All Field Equipment will be provided just report to coaches meeting then go to area.

*****You need to provide your own workers for field events**

you are responsible for working***

Announcer: Choctaw

Awards: Choctaw

High Jump: Lawton IKE

Long Jump: Choctaw

Pole Vault:

Shot: PCN

Disc: Lawton

Start Finish: PCW

Hurdles: All Conference Schools

Heating: PC

Exchange Zones:

4x100 1. MWC

2. ENID

3. DC

4x200 1. PC

2. MWC

4x400 Cut In judge: Enid