



Dear Coach,

We would like to invite you the annual Track and Field Meet at Bridge Creek, OK. The meet will be on Tuesday, April 9th, 2019. The coaches meeting will begin at 8:30 a.m., the field events at 9:00 a.m. and the running events at 9:30 a.m. We have a brand new 8 lane all weather surface and would ask that your athletes wear ¼ inch spikes. This meet is open to all schools. If you plan on attending, please respond by email to [scott.ohara@bridgecreek.k12.ok.us](mailto:scott.ohara@bridgecreek.k12.ok.us)

**HOSPITALITY:** will be provided for all of your coaches in the Football Fieldhouse as well as where the coaches meeting will be held.

**DIVISIONS:** 7th girls, 7th boys, 8th girls, 8th boys Entry Fee: \$90 per division, \$360 for all four, \$45 for B teams, and \$15 for individuals (4 or less).

**Field Events:** Each competitor will have 3 preliminary attempts, the top 8 will qualify for the finals and receive 3 additional attempts.

**Heating:** The heating benches will be on the north end of the field.

**Concessions/Admission:** No ice chest please, there will be a full concession available and a hospitality room for the coaches. Admission will be charged to all the spectators.

**Parking:** Bus parking will be on the west side of the field house and northeast of the Middle School.

**Please make checks payable to Bridge Creek Track.**

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You can mail checks to: Attn. Scott O'Hara,  
Bridge Creek Public Schools, 2209 E Sooner Rd , Blanchard, OK 73010 or  
bring the check to the meet.

**\*\*Please call or E-mail Coach O'Hara if you plan to attend\*\***

**Field Events at 9:00 a.m.**

Long jump – 8G, 7G, 8B, 7B

High jump – 8B, 7B, 8G, 7G

Shot – 7G, 7B, 8G, 8B

Discus – 8G, 8B, 7G, 7B

Pole Vault – Girls, Boys

**Running events at 9:30 a.m.**

400 relay – girls/boys (7th/8th)

3200 relay – girls/boys

100 hurdles – girls

110 hurdles - boys

100m dash – girls/boys

800 m relay – girls/boys

800 m run – girls/boys

400m dash – girls/boys

300 m hurdles – girls/boys

200m dash – girls/boys

1600 m run – girls/boys

1600 relay – girls/boys

**Awards Medals will be given to the top five (5) places  
in each event – including relays.**

**No team trophies will be given out.**

**OSSAA rules will govern the meet Contacts**