## WILDCAT TRACK CLASSIC <br> FRIDAY APRIL 12th, 2019

On behalf of the Checotah Public Schools, we are extending an invitation to participate in our High School Boys and Girls Track and Field Meet. Checotah Schools has an 8 lane Track with collegiate landing mats.
Location: Checotah High School Mailing Address: Checotah High School
Attn: Chad Hendricks
491 W. Paul Carr Drive Checotah, OK 74426
Bus Parking: North of the Football Field.
Fees: $\$ 90.00$ for each Division. You are allowed only 3 per event. If you plan on running extra in an event it will be $\$ 50.00$ more per Division, for a total of $\$ 140.00$. This extra fee is good for all events. The extra athletes must sign in as JV and will not count towards scoring or medals. For teams of four athletes or less: $\$ 15.00$ per person. Make Checks Payable to: CHECOTAH PUBLIC SCHOOLS. NO REFUNDS

Time: $\quad$ Coaches Meeting will be at 9:00 a.m. in the football locker room.
Field Events will begin at 9:30 a.m. and running events will begin at 10:00a.m. This meet is TIMED FINALS.
DIVISIONS: There will be two (2) divisions: Varsity Boys/Girls
NOTE: There will only be three athletes allowed in each event, unless you pay the extra fee.

Limitations: Each school is limited to one (1) relay team.
Each school is limited to three (3) competitors per event.
Each contestant is limited to four events, including relays and field events.
Medals: Medals will be awarded to the top three finishers in each event.

Trophies: Trophies will be awarded to $1^{\text {st }}$ and $2^{\text {nd }}$ place teams. There will also be a trophy awarded to the top School by combining the overall points of both the boys and the girls.

Team Points: Awarded to top six finishers (10 ï 8 ï 6 ï 4 ï 2 -1) in individual events and in relays, ( 20 ï 16 ï 12 ï 8 ï 4 ï 2).

Equipment: Checotah will furnish all starting blocks to contestants. 1/4òspikes or shorter are Required. DO NOT USE TAPE ON THE TRACK.

Restrooms/Concessions: Located on the North side and Southeast corners of the football field. DO NOT BRING GLASS BOTTLES INTO THE STADIUM!!!

Dressing facilities: NO DRESSING FACILITIES.
Lunch Break: There will be Fried FISH for Coaches.
OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY
Chad Hendricks Head Track Coach
Email Address: cshendricks@checotah.k12.ok.us
School (918) 473-8083
Fax: (918) 473-473-7174

## ORDER OF EVENTS

10:00 a.m.

| 400 METER RELAY | GIRLS | BOYS |
| :--- | :--- | :--- |
| 3200 METER RELAY | GIRLS | BOYS |
| 100 M HURDLES | GIRLS |  |
| 110 M HURDLES |  | BOYS |
| 3200 METER RUN |  | BOYS |
| 800 METER RELAY | GIRLS | BOYS |
| 800 METER RUN | GIRLS | BOYS |
| 100 METER DASH | GIRLS | BOYS |
| 3200 METER RUN | GIRLS | BOYS |
| 400 METER DASH | GIRLS |  |
| 300 METER LH | GIRLS | BOYS |
| 300 METER IH |  | BOYS |
| 200 METER DASH | GIRLS | BOYS |
| 1600 METER RUN | GIRLS | BOYS |
| 1600 METER RELAY | GIRLS |  |

9:30 am

## FIELD EVENTS

| POLE VAULT | BOYS | GIRLS |
| :--- | :--- | :--- |
| HIGH JUMP | GIRLS | BOYS |
| LONG JUMP | BOYS | GIRLS |
| SHOT PUT | BOYS | GIRLS |
| DISCUS | GIRLS | BOYS |

NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS/THROWS EACH AND EIGHT TO THE FINALS.

