

401 Redbud Ln Chelsea, OK 74016 Phone: 918-789-2533 FAX: 918-789-2676

December 18, 2018

Dear coach,

In preparing for the upcoming track season. We have selected the following dates for our meet.

We have a seven lane rubberized track and a concession will be provided. We will not have Pole Vault.

Bus parking will be on the west side of the football field.

| Thursday, April 4 th | Varsity Track Meet(3a and down) | |
|---------------------------------|---------------------------------|-----------------------|
| Addam Edwards | Junior High Track | 918-557-5880 (cell) |
| | Girls Track Coach | 918-521-8267 (cell) |
| Jamie Quigley | Athletic Director | 918-789-2533 (school) |
| Tom Bible | Boys Track Coach | 918-693-2523 (cell) |

| Coaches Meeting 9:30 | Entry Fee: \$85.00 per team/per division |
|----------------------|--|
| | \$10.00 per individual |
| Thursday, April 18 | Jr. High boys and girls (7 th and 8 th) |
| | \$70.00 per team/ per division |
| | \$10.00 per individual |

Only 3 team members for each event- each team member is limited to 4 events

HOME OF THE GREEN DRAGONS



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CHELSEA TRACK MEET

ORDER OF EVENTS

MIDDLE SCHOOL APRIL 18

FIELD EVENTS

| HIGH JUMP | GIRLS | BOYS | 7 TH GIRLS/8 TH GIRLS/7 TH BOYS/8YH BOYS |
|-----------|-------|-------|---|
| LONG JUMP | BOYS | GIRLS | 7 TH BOYS/8 TH BOYS/7 TH GIRLS/8 TH GIRLS |
| SHOT | GIRLS | BOYS | 8 TH GIRLS/7 TH GIRLS/8 TH BOYS/7 TH BOYS |
| DISCUS | BOYS | GIRLS | 8 TH BOYS/7 TH BOYS/8 TH GIRLS/7 TH GIRLS |

RUNNING EVENTS:

| 400 M RELAY | GIRLS | BOYS |
|--|------------------------------------|----------------------------------|
| 3200 M RELAY | GIRLS | BOYS |
| 100 M HURDLES | GIRLS (33") | |
| 110 M HURDLES | BOYS (39") | |
| 800M RELAY | GIRLS | BOYS |
| 800M RUN | GIRLS | BOYS |
| | | DOVG |
| 100M DASH | GIRLS | BOYS |
| 100M DASH LUNCH BREAK | GIRLS LUNCH BREAK | LUNCH BREAK |
| | | |
| LUNCH BREAK | LUNCH BREAK | LUNCH BREAK |
| LUNCH BREAK 400M DASH | LUNCH BREAK GIRLS | LUNCH BREAK |
| LUNCH BREAK 400M DASH 300M HURDLES | LUNCH BREAK GIRLS GIRLS(30") | LUNCH BREAK BOYS BOYS(36") |

NO POLE VAULT RUNNING ORDER: 7TH GIRLS/ 8TH GIRLS/7TH BOYS/8TH BOYS

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