

**CLAREMORE HIGH SCHOOL
ZEBRA INVITATIONAL
TRACK MEET
Thursday, March 14th 2019**

MEET SCHEDULE

FIELD EVENTS – 10:00 A.M.

High Jump	Boys, Girls
Long Jump	Girls, Boys
Shot Put	Boys, Girls
Discus	Girls, Boys
Pole Vault	Boys, Girls

TIMED FINALS MEET – 10:30 A.M.

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 Meter Hurdles	Girls (33")
110 Meter Hurdles	Boys (39")
3200 Meter Run	Girls, Boys
800 Meter Relay	Girls, Boys
800 Meter Run	Girls, Boys
100 Meter Dash	Girls, Boys
400 Meter Dash	Girls, Boys
300 Meter Hurdles	Girls (30")
300 Meter Hurdles	Boys (36")
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 Meter Relay	Girls, Boys

**LOCATION:
ANDY PAYNE TRACK COMPLEX
CLAREMORE HIGH SCHOOL
201 E. Stuart Roosa, CLAREMORE OK 74017**

BEHIND HIGH SCHOOL CAMPUS / WEST SIDE OF BUILDING
CONCESSION STAND WILL BE AVAILABLE
NO GLASS CONTAINERS PLEASE
E MAIL: ewiens@claremore.k12.ok.us

**CLAREMORE ZEBRA INVITATIONAL
TRACK AND FIELD MEET
Thursday, March 14th 2019**

On behalf of the Claremore School System, we extend to you and your teams an invitation to participate in our high school boys and girls track and field meet at our eight lane, all-weather track located at Claremore High School Complex on North Florence.

Time: Teams should report to the Claremore High School Track Complex (**Please use parking lot on north side of football stadium off Sioux Ave.**) coaches meeting at 9:45 a.m. field events at 10:00 a.m. running events begin at 10:30 a.m.

Entry Fee: \$110.00 for each boys' and girls' team. B teams can enter with a fee of \$80. \$15.00 per individual if less than four (4) members in a team. Make check payable to Claremore High School.

ONLINE ENTRIES: the On-line Entry **DEADLINE** for our meet is **March 13th @ 6pm (Wednesday).**

((The meet will be CLOSED at 6pm!))) No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**".

If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. If you need assistance with your ENDURO USA™ account contact Kevin McWatters at: kevin@runenduro.com - - -

Please log into your ENDURO USA™ account at: www.endurousa.com

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PREVIEW window: **Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. (. . . bad weather info, etc.) You can use the "short cut" to our meet's PREVIEW window by clicking on our meet in the "Student Meets and Events LIST" (on the right side of the window) after you log into your ENDURO USA™ account.**

Divisions: There will be one division for boys and one division for girls.

Limitations: Each contestant is limited to four (4) events, including relays. Each school is limited to (3) entrants in each event and one (1) team in each relay. The shot, discus and long jump will consist of three throws and top 8 in finals.

Awards: Trophies will be awarded to 1st place teams. Individual medals will be given to the top three (3) contestants in each event.

Team Points: The following will be awarded to 1st through 6th (10-8-6-4-2-1) in individual events and (20-16-12-8-4-2) in relays.

Equipment: Claremore will furnish all starting blocks to contestants, ¼ or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

Mail to: Athletic Dept. Claremore High School 918-923-4211
201 E. Stuart Roosa Claremore, OK 74017

Any questions contact: Eric Wiens ewiens@claremore.k12.ok.us

Please check team(s) entered: Boys_____ Girls_____

School _____

Coach _____

Phone _____