



# Coweta JH Tiger Track Classic



Thursday April 18<sup>th</sup>, 2019 - 5A and Below (10 Team Limit)

On behalf of the Coweta Public Schools, we are extending an invitation to participate in our Junior High School Boys and Girls Track and Field Meet. Coweta Schools have an 8 lane Track and Field Complex just south of the Tiger Football Stadium. Limited to the first 10 confirmed schools.

Schools planning to attend this meet must submit their entries [endurousa.com](http://endurousa.com). The entry deadline for this meet is Wednesday April 17<sup>th</sup>, 2019 –please contact [scott.chronister@cowetaps.org](mailto:scott.chronister@cowetaps.org) for questions

No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA website by completing ALL the necessary steps on the “ENTRIES Window”. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - Please log into your ENDURO USA account at: [www.endurousa.com](http://www.endurousa.com)

**Location:**

**Coweta High School Mailing Address:**

Coweta High School  
14705 S. 305th St  
Coweta OK, 74429

Coweta High School  
Attn: Kerri Bradshaw  
PO Box 550  
Coweta, Ok. 74429

**Bus Parking:** Athlete drop off will be at the track parking lot on the west side of the track. Buses will be parked in the east parking lot of Coweta Football Stadium.

**Fees:** \$75.00 for each division; 7<sup>th</sup> grade boys, 7<sup>th</sup> grade girls, 8<sup>th</sup> grade boys, 8<sup>th</sup> grade girls (4 divisions. For teams of four athletes or less: \$10.00 per person. Make checks payable to: Coweta Public Schools.

**Time:** A coaches meeting will be at 2:00pm in the track building south of the finish line. Field Events will begin at 2:30pm and running events will begin at 3:00pm. This meet is **TIMED FINALS**.

**Limitations:** Each school is limited to one (1) relay team.  
Each school is limited to three (3) competitors per event.  
Each contestant is limited to four events, including relays and field events.

**Medals:** Medals will be awarded to the top three finishers in each event.

**Trophies:** 1 team award will be given per division. Boys Team Champion and Girls Team Champion.

**Team Points:** Awarded to top six finishers (10 –8 –6 –4 –2 - 1) in individual events and in relays, (20 –16 –12 –8 –4 –2).



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**Equipment:** Coweta will furnish all starting blocks to contestants. ¼" spikes, or shorter, are required. **DO NOT USE TAPE ON THE TRACK.**

**Restrooms/Concessions:** Located underneath the stadium. No glass bottles allowed in stadium!

**Dressing facilities:** NO DRESSING FACILITIES.

**Lunch Break:** We will feed coaches and workers at the break

## OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

**Scott Chronister - Head Track Coach**

**Jordan Kimball- Head JH Coach**

**Ashton Cooper- Head JH Coach**

**Bob Clements - Assistant**

**Mike Wilson - Assistant**

**Chance Juby - Assistant**

**Email Address: [scott.chronister@cowetaps.org](mailto:scott.chronister@cowetaps.org)**

**School (918) 486-4474**

**Tim Johnson, AD Office# (918) 486-6103 Fax: (918) 486 7307**



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## ORDER OF EVENTS

3:00pm

400 METER RELAY GIRLS BOYS  
3200 METER RELAY GIRLS BOYS (G/B together by Grade)  
100 M HURDLES GIRLS 33"  
110 M HURDLES BOYS 39"  
800 METER RELAY GIRLS BOYS  
800 METER RUN GIRLS BOYS  
100 METER DASH BOYS GIRLS  
Break  
400 METER DASH GIRLS BOYS  
300 METER LH GIRLS 30"  
300 METER IH BOYS 36"  
200 METER DASH GIRLS BOYS  
1600 METER RUN GIRLS BOYS (G/B together by Grade)  
1600 METER RELAY GIRLS BOYS

2:30pm

## FIELD EVENTS

POLE VAULT 7G, 8G, 7B, 8B  
HIGH JUMP 7B, 8B, 7G, 8G  
LONG JUMP 7G, 8G, 7B, 8B  
SHOT PUT 7B, 8B, 7G, 8G  
DISCUS 7G, 8G, 7B, 8B

**NOTE: SHOT PUT, DISCUS, LONG JUMP, will be prelims/finals format, will be 3 throws/jumps in the prelims and 3 in the finals, 8 athletes will be taken to the finals**

**We will use qualifying marks in the shot, disc, and long jump. The distances will be determined at the 2:00pm coaches meeting.**

**All implements must be marked with appropriate weights**