# BuLiLíngegers 

Dewey Athletic Department
\#1 Bulldogger Road
Dewey, OK 74029
Track Coach: Dan Close (Ext. 224)
Athletic Director: Travis Ruble (Ext. 240)

# Greg Thomas Invitational Bulldogger Junior High Track Meet 

Thursday, March 28, 2019
9:30AM Coaches Meeting-Events start at 10 AM

## COACHES MEAL (with RSVP)

Entry Fee: 4 divisions @ $\$ 75.00$ per division or $\$ 10.00$ per individual when less than 4.
Time: $\quad$ Coaches meeting at 9:30. Field events and running events start at 10:00.
Divisions: $\quad$ Four Divisions- $7^{\text {th }}$ Boys, $8^{\text {th }}$ Boys, $7^{\text {th }}$ Girls and $8^{\text {th }}$ Girls. (4A and below).
Limitations: Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.

Field Events: Three throws in the shot and discus. Three jumps in the long jump.
Awards: $\quad$ Medals will be given to top three places, and plaques to the top two teams in each division.
Points: $\quad$ Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.
Equipment: You must provide your own equipment for field events. We will provide starting blocks. $1 / 4$ inch spikes or shorter are required.

Format: $\quad$ Timed-Finals. *** All O.S.S.A.A rules will apply

Phone (534-0933 x240) to guarantee meal \& cancellation notice.

School Name
MS Boys Division
MS Girls Division
$\qquad$
Yes $\qquad$
No $\qquad$

Contact Name $\qquad$
Ph \# $\qquad$
Fax \# $\qquad$
Total \# of Coaches $\qquad$

## Field Events

High Jump - $7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
Long Jump - $7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls Shot Put - 7th $^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys Discus - $7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls

Pole Vault - Boys - Girls

## Running Events

3200 Relay $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls -7 $^{\text {th }}$ Boys $-8^{\text {th }}$ Boys 100 Meter Hurdles $\mathbf{- 7}^{\text {th }}$ Girls $-8^{\text {th }}$ Girls

110 Hurdles $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
400 Meter Relay - $7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys 800 Meter Run $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys 800 Meter Relay $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys

100 Meters $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
400 Meters- $7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
300 Meter Hurdles $\mathbf{- 7}^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
200 Meters - $7^{\text {th }}$ Girls - $^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
1600 Meter Run $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls $-7^{\text {th }}$ Boys $-8^{\text {th }}$ Boys
1600 Meter Relay $-7^{\text {th }}$ Girls $-8^{\text {th }}$ Girls -7 the Boys $-8^{\text {th }}$ Boys

