

# EASTSIDE STEPPERS

FAST BY NATURE, STEPPER BY CHOICE

**TRACK AND FIELD INVITATIONAL &  
\*THE INTERNATIONAL YOUTH TRACK AND FIELD CHAMPIONSHPS QUALIFICATION MEET**  
**Saturday, June 8, 2019**

**Bethany Public Schools Athletic Complex  
8696 NW 50th Street ● Bethany, OK 73008**

For additional information, please contact: **Keitha Wyatt-** 405.570.0639 ([coach\\_k@att.net](mailto:coach_k@att.net))  
**Timothy Taylor-** 405.202.8487 ([Timothy.Taylor@davita.com](mailto:Timothy.Taylor@davita.com))

**NO SPIKES ALLOWED ON THE FOOTBALL FIELD!!!**

**ENTRY INFO:** Entry fee is \$10 an athlete and must be done in advance. No entry fee will be transferred or refunded.  
**General admission is \$5/person, under age 4 is free.**

**ENTRY PROCESS:** Entries and changes can only be made *on-line* at [www.CoachO.com](http://www.CoachO.com). At the conclusion of the entry process you will be required to pay your fees on-line. If you are unfamiliar with CoachO.com on-line meet entry process, click the Help button on the Main Menu and read the topic *How to enter a meet*. On-line meet entry will be available starting April 12th until the deadline, June 6<sup>th</sup> 5pm. **Please be sure to put in times for your athlete(s) for proper seeding. A NM will put your athlete in an unseeded section. This is a F.A.T meet with MacDonald Timing.**

**EVENT INFORMATION:** All events will be on a rolling schedule, All USATF track and field rules will be in effect 12 and under 3 events; 13/14 on up 4 events. This is an USATF Sanctioned meet. Athletes must have a wrist band to compete. Coaches must provide a current USATF card to get in free, have passed a background screening and taken the Safety Sports Training Course. You have to be listed on the coaching registry list. Coaches are highly advised to get their credentials prior to our track meet.

**ELIGIBILITY:** Open to any athlete that falls within the age divisions listed on the order of events and **Open/ Master** Level Athlete's.

**EQUIPMENT:** **Throwers must provide their own implements.**

**AWARDS:** Medals will be given to the top three finishers at the completion of each event after results have been verified. Please show patience when getting medals.

**International Youth Track and Field Championships \***



**Landover, Maryland**



**\*Top 8 will qualify at this meet.** Athletes may also qualify for the International Youth Track and Field Championships by meeting the meet entry standard for their event provided on the link. <https://intyouthtrackchampionships.com/>. **All other pertinent information about this Championship meet can be found on that website.**



AGE GROUPS	AGE BORN
Age Division	Year of Birth
8 & Under	2011+ Up
9 - 10	2009-2010
11 - 12	2007-2008
13 - 14	2005-2006
15 - 16	2003-2004
17 - 18	2001-2002**

## Order of Events

**8:15 AM.**  
COACHES MEETING

### FIELD EVENTS

**9:15 AM**

**LONG JUMP** 8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**SHOT PUT** 8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**HIGH JUMP** 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**DISCUS** 17-18MW, 15-16BG, 13-14BG, 11-12BG, Open M&W, MM, MW

**\*\*JAVELIN** 17-18MW, 15-16BG, 13-14BG, Open M&W, MM, MW

(\*\*At the conclusion of the DISCUS when volunteers become available\*\*)

**\*\*AERO JAVELIN**

11-12GB

(\*\*At the conclusion of the JAVELIN when volunteers become available\*\*)

**\*\*MINI-JAVELIN**

9-10GB, 7-8GB, 6&Under

(\*\*At the conclusion of the AERO JAVELIN when volunteers become available\*\*)

**12:00PM**

**POLE VAULT**

13-14, 15-16GB, 17-18WM

*Field events for 12 and under will be a three jump/throw final  
13 and up will be a four jump/throw final*

### ROLLING SCHEDULE

#### ALL TIMED FINALS

*Schedule subject to change as needed*

**8:45AM**

Dedication to Eastside Steppers Coach David Pollard/USATF Certified Official

**9:15AM**

**1500M Race Walk**

9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM

**4x800m Relay**

11-12GB, 13-14GB, 15-16GB, and 17-18WM

**3000M RUN**

11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**Future Stars of Track and Field- under 5 (50m dash)**

**100M**

All Age Groups, Open, Masters

**800M RUN**

8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**400m HURDLES**

15-16GB, 17-18WM, Open, Masters

**200m HURDLES**

13-14GB

**4x100M RELAY**

8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**4x100M RELAY**

PARENT and COACHES

**Dedication to David Brown**

**400M**

8&U-GB,9-10GB,11-12GB,13-14GB,15-16GB,17-18WM,Open,Masters

**110M HURDLES**

15-16B, 17-18M, OPENM, MM

**100M HURDLES**

13-14GB, 15-16G, 17-18W, MW, OPENW

**80M HURDLES**

11-12GB

**200M**

8&U-GB,9-10GB,11-12GB,13-14GB,15-16GB,17-18WM,Open,Masters

**1500M RUN**

8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

**4 X 400M RELAY**

8&U-GB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

\*\* Schedule is subject to change\*\*