



UNDERCLASSMEN INVITATIONAL

EDMOND NORTH HIGH SCHOOL, APRIL 9, 2019

A MEET FOR FRESHMEN AND JUNIOR VARSITY ATHLETES

On behalf of Edmond Public Schools, we would like to extend an invitation to participate in Edmond North's Middle School Invitational. Space is limited. Please email the meet director to confirm your team's spot.

Attention Coaches

All teams must contact the meet director (stephen.evans@edmondschools.net or cara.bowerman@edmondschools.net) to secure their spot. *Space is limited.* Athletes must be entered into endurousa.com by the deadline to obtain a competition number. This is a Rosters Only Meet.

Entry deadline is **Monday, April 8 at 5:00 PM.**

Meet Directors: Stephen Evans, stephen.evans@edmondschools.net
Cara Bowerman, cara.bowerman@edmondschools.net

Start Time: 3:15 Coaches Meeting, 3:30 Start. See page 2 for Order of Events.

Entries: Three individual entries per event and one relay per team. Additional entries compete as "B Team."

Rules: We will follow all OSSAA and National Federation rules. Each participant is limited to four events.

Scoring: 10-8-6-5-4-3-2-1. Relays will score double.

Divisions: Four Divisions: 9th Girls, 9th Boys, JV Girls, JV Boys

Awards: Medals will be awarded to the top three finishers in each division in all events. Plaques will be awarded to the winning team in each division. Most Outstanding Athlete plaques will be awarded to the highest scorer per division as well (submit nomination form by the conclusion of the 3200m).

Food: Coaches will have access to a hospitality room. Concessions will be open for athletes and spectators.

Entry Fee: \$75 entry fee per division (\$300 for all divisions). \$20 per entry for teams of three or fewer.

Mail payment to:

**Edmond Public Schools
Attn: Karen Young
1001 West Danforth
Edmond, OK 73003
(405) 340-2800**



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FIELD EVENTS

Participants will receive three attempts in the Shot Put, Discus, and Long Jump; the top nine will go to Finals and receive three additional attempts. Athletes must listen for 1st, 2nd, and 3rd calls and report by the 3rd call of their events. Track events take precedence, so athletes competing in multiple events must inform the event judge when leaving for an event and be diligent about returning. Pits and throwing areas will not be held open for athletes following the conclusion of their division's competition.

Qualifying Standards

Girls LJ: 13' Boys LJ: 17' Girls SP: 25' Girls DT: 60' Boys SP: 35' Boys DT: 80'
* First legal mark will be measured regardless of whether it meets the standard. All legal marks in Finals will be measured.

Height Progressions

Girls PV: 5', 6', 7', 7'6", 8', 8'6" ...
Boys PV: 7', 8', 9', 9'6", 10', 10'6" ...
Girls HJ: 4'2", 4'5", 4'8", 4'10", 5'0" ...
Boys HJ: 5'2", 5'5", 5'8", 5'10", 6'0" ...

3:30 High Jump	9 th Boys, JV Boys, JV Girls, 9 th Girls
Long Jump	JV Girls, 9 th Girls, 9 th Boys, JV Boys
Discus Throw	9 th Girls, JV Girls, 9 th Boys, JV Boys
Shot Put	9 th Boys, JV Boys, 9 th Girls, JV Girls
Pole Vault	9 th /JV Boys, 9 th /JV Girls

TRACK EVENTS*

We will be on a rolling schedule. All running events are timed finals using a FAT system. Athletes must listen for 1st, 2nd, and 3rd calls and report by the 3rd call of their events. Seeding will be done at check-in.

3:30 Sprint Medley (2-2-4-8)	9 th Girls, JV Girls, 9 th Boys, JV Boys
100m Hurdles	9 th Girls, JV Girls
110m Hurdles	9 th Boys, JV Boys
100m Dash	9 th Girls, JV Girls, 9 th Boys, JV Boys
1600m Run	9 th Girls, JV Girls, 9 th Boys, JV Boys
4x100m Relay	9 th Girls, JV Girls, 9 th Boys, JV Boys
400m Dash	9 th Girls, JV Girls, 9 th Boys, JV Boys
300m Hurdles	9 th Girls, JV Girls, 9 th Boys, JV Boys
800m Run	9 th Girls, JV Girls, 9 th Boys, JV Boys
200m Dash	9 th Girls, JV Girls, 9 th Boys, JV Boys
3200m Run	9 th Girls, JV Girls, 9 th Boys, JV Boys
4x400m Relay	9 th Girls, JV Girls, 9 th Boys, JV Boys

*The 4x200m and 4x800m Relays will be replaced by the Sprint Medley Relay at this meet.



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UNDERCLASSMEN INVITATIONAL MEET RECORDS

	Freshman Girls	JV Girls	Freshman Boys	JV Boys
100m Dash	13.30 Adyson Masters – 2016 Edmond Santa Fe	13.33 Morgan Ray – 2016 Edmond North	11.29 Dashawn Collins – 2016 Edmond Memorial	11.15 Robert Ellis – 2016 Edmond Memorial
200m Dash	27.54 Dymond Brooks – 2016 Edmond Santa Fe	27.92 Jaci Oplotnik – 2016 Edmond Memorial	22.93 Dashawn Collins – 2016 Edmond Memorial	23.06 DaQuan Gordon – 2016 OCA
400m Dash	1:04.08 Regan Crawford – 2016 OCA	1:04.80 Jaci Oplotnik – 2016 Edmond Memorial	57.43 Ford Burgess – 2016 Edmond Memorial	52.70 DaQuan Gordon – 2016 OCA
800m Run	2:38.39 Adeline O'Connor – 2016 Edmond Memorial	2:46.01 Anna Lopez – 2016 Edmond Memorial	-	2:09.21 Jerry Zhou – 2016 OCA
1600m Run	6:02.62 Breashay Burke – 2016 Edmond Santa Fe	6:11.71 Hope Fuzzell – 2016 Edmond North	5:00.48 Jay Kiefer – 2016 Edmond Memorial	5:00.75 Travis Robnett – 2016 Edmond North
3200m Run	13:46.17 Kendall Confer – 2016 Edmond North	13:57.35 Hope Fuzzell – 2016 Edmond North	11:15.41 Kolby McCoy – 2016 Yukon	11:11.47 Zander Rossiter – 2016 Edmond North
100m/110m Hurdles	18.23 Serena Pinter – 2016 Yukon	17.15 Erin Drewke – 2016 OCA	17.50 Akeem Coleman – 2016 Edmond North	17.38 Ramdhan Shahab – 2016 Edmond North
300m Hurdles	52.26 Tahlor Brown – 2016 Edmond North	52.04 Erin Drewke – 2016 OCA	45.89 Tyler Dechant – 2016 Yukon	44.89 Ramdhan Shahab – 2016 Edmond North
4x100m Relay	56.83 2016 Edmond Santa Fe	-	46.08 2016 Edmond Memorial	44.95 2016 Edmond North
4x400m Relay	4:28.14 2016 Edmond Santa Fe	4:50.98 2016 Edmond North	3:49.43 2016 Edmond Memorial	3:45.86 2016 Edmond North
4x800m Relay *no longer contested	11:18.28 2016 Edmond North	12:07.41 2016 Mustang	9:45.99 2016 Edmond Memorial	9:26.31 2016 Edmond Memorial
Sprint Medley (2-2-4-8)	-	-	-	-
Long Jump	14-05.00 Madeline Jones – 2016 OCA	14-04.50 Taylor Farmer – 2016 Edmond North	21-04.00 Mason Altman – 2016 Edmond North	20-03.50 Carvell McKinley – 2016 Yukon
High Jump	4-10 Nalani McCrary – 2016 Edmond Santa Fe	4-06 Sommer Berry – 2016 Edmond North	6-00 Tyler Dechant – 2016 Yukon	5-08.00 Carvell McKinley – 2016 Yukon
Pole Vault	8-03 Kenadi Hamilton – 2016 Yukon	-	10-00 Ethan Parry – 2016 Edmond North	10-06 Callen Koiner – 2016 Edmond North
Shot Put	26-06.00 Bridget Sowards – 2016 Yukon	32-00.00 Lana Monzon – 2016 Mustang	49-06.50 Zach Jones – 2016 Mustang	42-02.50 Chuck Westbrook – 2016 Edmond Memorial
Discus Throw	117-01.00 Erin Talbott – 2016 Edmond Memorial	72-00.00 Kailey Paparusi – 2016 OCA	157-01.00 Justin Wardlaw – 2016 Mustang	113-06.00 Isaiah Hernandez – 2016 Westmoore
Total Points	28 points Regan Crawford – 2016 OCA	28 points Erin Drewke – 2016 OCA	30 points Dashawn Collins – 2016 Edmond Memorial	31 points Ramdhan Shahab – 2016 Edmond North