



**2019 ELGIN Jr. OWL  
TRACK & FIELD CLASSIC  
Tuesday March 5th**

**ATTENTION COACHES:** Schools planning to attend this meet must submit rosters to **\*\*\*[TrackRoster.com](http://TrackRoster.com) Complete Steps 1-5\*\*\*** (Roster Only)  
**\*\*\* Entry Deadline – March 4th \*\*\***

**\*\*\*All RELAYS will be preheated by times at Coaches Meeting**

**\*\*\*TEAM CHECK-IN / COACHES MEETING: 9:00 AM \*\*\*FIELD EVENTS BEGIN: 9:15 AM  
\*\*\*RUNNING EVENTS HEATING 9:15 AM \*\*\*RUNNING EVENTS START: 9:45 AM**

**\*\*\* 4 DIVISIONS: 7<sup>th</sup> Girls / 7<sup>th</sup> Boys / JH (8<sup>th</sup> / 9<sup>th</sup>) Girls / JH (8<sup>th</sup> / 9<sup>th</sup>) Boys**

**\*\*\* HEATING:** All races will be pre-heated randomly at the **HEATING BENCHES**.  
(Relay members will report to their exchange zones when Relay Races are called to the starting line.)

**\*\*\* FT Video Timing System for the 100, 200, 100/110 Hurdles, and 300 Hurdles.  
Sprint 8 Timing System for all other races.**

**\*\*\* OSSAA Sanctioned Meet \*\*\* / \*\*\* OSSAA & NFHS Rules will apply\*\*\***

**\*\*\* HOSPITALITY & LUNCH PROVIDED FOR COACHES**

**\*\*\*AWARDS:** Individual Events: 1<sup>ST</sup> – 6<sup>th</sup> / Relay Events: 1<sup>st</sup> – 3<sup>rd</sup>

**\*\*\*RUNNING EVENTS / TIMED FINALS \*\*\*FIELD EVENTS: 4 Throws / 4 Jumps\*\*\***

Damon Hitt - A.D.                      Tomi Lorah - Girls Head Coach (580) 284-3757  
School: (580) 492-3670              Jon Hughes - Boys Head Coach (580) 583-1860  
Cell #: (580) 678-8607              dhitt@elginps.net      FAX #: (580) 492-4084

Please Send, Call, or Fax your entries: **Elgin Jr. Owl Track & Field Classic (Tuesday March 5<sup>th</sup>, 2019)**  
School: \_\_\_\_\_ Coach: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Home/Cell: (in case of inclement weather) \_\_\_\_\_

_____ 7 <sup>th</sup> Boys @ \$75.00	_____ 7 <sup>th</sup> Girls @ \$75.00	# of Coaches for Lunch
_____ JH Boys @ \$75.00	_____ JH Girls @ \$75.00	_____

\_\_\_\_\_ **\*\*\*\$275.00 if School Brings all four Divisions\*\*\***

\_\_\_\_\_ **Individuals x \$15.00 EACH (3 or less) = \$\_\_\_\_\_**

**ELGIN JUNIOR OWL CLASSIC TRACK MEET**  
**Tuesday March 5th, 2019**

**Coaches Meeting: 9:00 AM**

**Field Events Start: 9:15 AM**

High Jump	JH Boys, 7th Boys, JH Girls, 7th Girls
Long Jump	JH Girls, 7th Girls, JH Boys, 7th Boys
Pole Vault	7th Girls & JH Girls, 7th & JH Boys (Point Separate)
Shot Put	7th Boys, JH Boys, 7 <sup>th</sup> Girls, JH Girls
Discus	7th Girls, JH Girls, 7th Boys, JH Boys

**Running Events Heating: 9:15 AM**

**Running Events: 9:45 AM**

400 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
100/110 Meter Hurdles	7th Girls / JH Girls / 7th Boys / JH Boys
3200 Meter Run	JH Girls / JH Boys
800 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
800 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
100 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
400 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Run	7th Girls / 7th Boys
300 Meter Hurdles	7th Girls / 7th Boys / JH Girls / JH Boys
200 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys