

FOYIL INVITATIONAL TRACK MEET
MARCH 29, 2019
2A and Below Only

ORDER OF EVENTS

COACHES MEETING 9:15AM ON THE TRACK

FIELD EVENTS 9:30 AM

SHOT PUT	B-G
DISUS	G-B
LONG JUMP	G-B
HIGH JUMP	B-G
NO POLE VAULT	

TIMED FINALS 10:00 AM

400 RELAY	G-B
3200 RELAY	G-B
100 HURDLES	G
110 HUDLES	B
3200 RUN	B
800 RELAY	G-B
800 RUN	G-B
100 DASH	G-B
3200 RUN	G
400 DASH	G-B
300 HURDLES	G-B
200 DASH	G-B
1600 RUN	G-B
1600 RELAY	G-B

- Entry Fee \$75.00 per team, \$150.00 for boys and girls team, \$10.00 per contestant if no team fee (4 or below). B & G Divisions (9-12) 2A & below.
- Medals 1 thru 4 - No Team Points.
- Make Checks payable to Foyil HS. You can either mail in fee or wait until coaches meeting to pay.
- Contact Coach Rhoten, 918-695-0713 or Coach Posey, 918-260-4885.
- *Will have the Meet at Claremore Sequoyah Track.*
- Bus parking in the church lot please.
- It will be a hand timed meet.
- OSSAA Rules as to any other track regulations.
- You may enter 3 per event, 1 relay only.