

# Wolverine Running Club Invitational Track Meet

4<sup>th</sup> Grade and Under / 5<sup>th</sup> Grade / 6<sup>th</sup> Grade Divisions

Saturday April 20, 2019

Holdenville, Oklahoma

HHS Ball Fields/Track Complex

**Times:** Coaches Meeting 9:00 am  
Field Events 9:30 am  
Running Events 11:00 am

**Entry Fee:** This track meet is **FREE for students that attend Holdenville Public Schools.** **For visiting elementary schools and youth track clubs,** the entry fee is **\$10 per student with a maximum of \$50 per gender.** Example: If you bring two 4<sup>th</sup> grade girls, four 5<sup>th</sup> grade girls, and seven 6<sup>th</sup> grade girls you would pay \$50 total for your entry fee. If you add three 5<sup>th</sup> grade boys then the total would be \$80 for your entry fee. Checks made out to: **Holdenville Track Booster Club**

Please email Coach Turner at [rturner@holdenville.k12.ok.us](mailto:rturner@holdenville.k12.ok.us) if you plan to attend

**Awards:** Medals for top 3 in each event.  
Medals can be picked up at the concession stand after results are posted.

**Entry Info:** You may enter as many students in each event as you would like.  
However each student may only participate in a maximum of 3 events.

**Divisions:** 4<sup>th</sup> & Under Girls, 4<sup>th</sup> and Under Boys, 5<sup>th</sup> Girls, 5<sup>th</sup> Boys, 6<sup>th</sup> Girls, 6<sup>th</sup> Boys

**Times:** All events will be hand timed; results will be posted at the concession stand.  
There will be no typed up final results.

**Restrooms:** Restrooms are located at the concession stand.

**Parking:** Parking Lot is located outside the facility. If driving a bus please use the back side of the parking lot

## Field Events 9:30 am Start Time:

In the throwing events each participant will throw 3 times and we will measure their best throw.  
In the long jump each participant will get three 3 attempts, no finals.

High Jump	All Girls, followed by All Boys – the results will be separated into divisions
Long Jump	All Boys, followed by All Girls – the results will be separated into divisions
Shot Put	All Girls, followed by All Boys – the results will be separated into divisions *all Divisions will throw a 4 pound shot
Discus	All Boys, followed by All Girls – the results will be separated into divisions *all Divisions will throw a 1 kilogram discus

## Running Events 11:00 am Start Time:

60 Meter Run	4G; 5G; 6G; 4B; 5B; 6B
800 Meter Run	4G; 5G; 6G; 4B; 5B; 6B
100 Meter Run	4G; 5G; 6G; 4B; 5B; 6B
400 Meter Run	4G; 5G; 6G; 4B; 5B; 6B
1500 Meter Run	4G; 5G; 6G; 4B; 5B; 6B
200 Meter Run	4G; 5G; 6G; 4B; 5B; 6B