

Kingfisher Public Schools would like to invite you to the 9th Annual Kingfisher High School (9-12) & Middle School (7-8) Invitational Track & Field Meet on **Friday, April 19, 2019**

ATTENTION: Coaches must submit your entries on www.enduroentries.com (TrackRoster). Complete Steps 1-5. You must add the "Kingfisher High School Invitational" to your on-line schedule. **NO EXCEPTIONS!**

DEADLINE FOR ALL ENTRIES: MONDAY, APRIL 15th, 2019

Entry Fee: \$95.00 (per HS boys team) and \$95.00 (per HS girls team) (\$190.00 total)
\$85.00 (per MS boys team) and \$85.00 (per MS girls team) (\$170.00 total)
\$50.00 (per B Team)
\$15.00 per individual (up to 4)

****Make checks payable to Kingfisher Track & Field****

*****note*** no refunds for rainout once meet has started**

4 Divisions: (1) High School Boys & (1) High School Girls ****FRESHMEN MUST RUN WITH HIGH SCHOOL****
(1) Middle School Boys (7-8) & (1) Middle School Girls (7-8) ***NO FRESHMEN WITH MIDDLE SCHOOL***

Timing: We will be using Enduro Timing system ****THIS IS A TIMED FINALS MEET****

Medals: Plaques awarded for each HS/MS Boys & HS/MS Girls Team **Champions**
Custom medals awarded to the top **3** individual events & top **3** relays

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay.

Schedule: 9:00 am - Coaches Meeting ****Track Barn** *Breakfast & coffee provided***
9:30 am - Field events ***Shot Put West side of track* *Discus, across street to NW, use trail***
10:00 am - Running events ******We will feed coaches & bus drivers lunch******

Rules: All OSSAA Rules will apply
Points will be awarded 10-8-6-4-2-1 and double for relays
Only 1/4" or less spikes will be allowed on running or jumping surfaces
Coaches & athletes only allowed on infield
Concession stand and hamburgers available in southwest corner of track complex

Field events = three attempts in prelims, top 8 will advance to finals = three more attempts

Parking: **WEATHER PERMITTING, BUSES MAY PARK ON THE GRASS ON THE SOUTH SIDE OF TRACK**

Contact: Micah Nall Email: mnull@kingfisher.k12.ok.us Cell 405-315-6876

PLEASE Confirm by E-Mail or Cell by Monday, April 15th

Kingfisher High School 1500 S. 13th St Kingfisher, OK 73750

KINGFISHER YELLOWJACKET TRACK & FIELD HIGH SCHOOL & MIDDLE SCHOOL INVITATIONAL

ORDER OF EVENTS

Coaches Meeting at 9:00

****START AT 9:30**

****3200 M. Run**

MSG - MSB**

Running Events Start at 10:00 AM

400 M. RELAY MSG - HSG - MSB - HSB

3200 M. RELAY MSG - HSG - MSB - HSB

100 M. Hurdles MSG (30") HSG (33")

110 M. Hurdles MSB (33") HSB (39")

3200 M. Run HSG - HSB

800 M. RELAY MSG - HSG - MSB - HSB

800 M. Run MSG - HSG - MSB - HSB

100 M. Dash MSG - HSG - MSB - HSB

400 M. Run MSG - HSG - MSB - HSB

300 M. Hurdles MSG - HSG - MSB - HSB

200 M. Dash MSG - HSG - MSB - HSB

1600 M. Run MSG - HSG - MSB - HSB

1600 M. RELAY MSG - HSG - MSB - HSB

Field Events Start at 9:30 AM

Shot Put MSB - MSG - HSB - HSG

Discus HSB - HSG - MSG - MSB

Long Jump MSB - MSG - HSB - HSG

High Jump MSG - MSB - HSG - HSB

Pole Vault HSG - HSB - MSG - MSB