

MANNFORD HIGH SCHOOL

ATHLETIC DEPARTMENT

136 Evans Avenue

MANNFORD, OKLAHOMA 74044

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Mannford Open Track Meet (4A & below)

MS Girls/ Boys Track Coaches:

MS Meet Thursday, April 11, 2019

Cherith Aven / Scott Holt

On behalf of the Mannford Public School System, we extend to you and your teams a sincere invitation to participate in our boys and girls track and field meets.

ENTRY FEE: **Middle School Meet:** \$70.00 entry fee for each boys team &/or girls team per grade level or \$15 per individual if less than four participants.

TIME: **Middle School Meet:** Coaches meeting at 9:00 a.m. Field events begin after the coaches meeting and running events will begin at 9:30 a.m. This will be a timed final meet.

Middle School Meet: 7th girls, 7th boys, 8th girls, 8th boys

LIMITATIONS: Each contestant is limited to four events including relays. Each school is limited to three entrants in each event and one team per relay. Three throws will be given in the shot and discuss and three jumps in the long jump. Each MS participant must declare their division at the start. There will also be a girl's pole vault division.

MEDALS: Medals will be awarded to the top four places, therefore no team plaques will be given.

TEAM POINTS: Individual events will be pointed to the top six places as follows:
10-8-6-4-2-1

Relays will be pointed to the top six places as follows:
20-16-12-8-4-2.

EQUIPMENT: 3/16 inch spikes or smaller required. Mannford will furnish all starting blocks & relay markers.

Please no tape on the running surface!

HOSPITALITY

ROOM: A hospitality room will be provided.

PARKING: All buses will park at the Four Diamonds north of our Athletic Complex

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES WILL APPLY.