



Marlow High School
 Track Invitational (4a Below)
 High School Division -and- Junior High Division (8th-9th)
 (4 Divisions Total)

On behalf of the Marlow Public School System, we would like to extend to you and your track teams and invitation to attend our track meet on Thursday March 14th starting at 9:00.

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is Wednesday, March 13th @ 6pm. (((The meet will be CLOSED at 6pm!))) No late entries accepted. Schools planning to must submit their entries on the "ENDURO USA" website by completing ALL Step on the "Entries Window". If your team/school does not complete ALL Steps on the "Entries Window", your school/team can NOT be entered manually by our timing crew at the meet. - **NO exceptions allowed this year.** Please log into your ENDURO USA™ account at: www.enduroussa.com

Must verify if you are planning to attend. Please e-mail:
bwortham@marlow.k12.ok.us – bmiller@marlow.k12.ok.us or call 580-401-0453

NEW THIS YEAR - be sure to visit our meet's "**PREVIEW**" window on the ENDURO USA website immediately before departing for our meet for last minute information that could affect our meet.

Coaches Meeting 9:00-We have a new running surface this year.

All Buses and fans will park at gym south end of track. (Handicap parking available)

Running events will start at 10:00

Field events will check in at 9:30 and we will follow the schedule.

Field Events-9:30

- High Jump HS Boys- HS Girls- J.H Boys-J.H Girls
- Long Jump HS Girls- HS Boys-J.H Girls-J.H Boys (3-3/ 8 to Finals)
- Shot Put HS Boys- HS Girls-J.H Boys-J.H Girls (3-3 /8 to Finals)
- J.H G/B Throw Shot/Discus Separate from H.S East of Track**
- Discus HS Girls- HS Boys-J.H Girls-J.H Boys (3-3 / 8 to Finals)
- Pole Vault HS Girls-/HS Boys* **J.H Boys-J.H Girls G-B Same Time**

Entry Fee: \$90.00 per team-**(3 Individuals per event)**
 \$75.00 J.V team
 \$10.00 per individual if less than 4 team members.

Entries must be affiliated with a school.

Make checks payable to Marlow High School Athletics *Track*

1st-5th Place Medals- 1st Team Plaque

We will have a concession Coaches will be provided a ticket to eat with.

Mailing Address:

Marlow High School	Name of School_____
P.O Box 73	
Marlow Ok 73055	HS Boys_____ HS Girls_____
Att. Bobby Wortham	
Cell Phone-580-401-0453	J.H Boys_____ J.H Girls_____
E-Mail bwortham@marlow.k12.ok.us	Number of coaches_____



Schedule of Events

9:00 Coaches Meeting

9:30 Field Events:

High Jump	HS Boys- HS Girls- J.H Boys-J.H Girls
Long Jump	HS Girls- HS Boys-J.H Girls-J.H Boys (3-3 / 8 to Finals)
Shot Put	HS Boys- HS Girls-J.H Boys-J.H Girls (3-3 / 8 to Finals)
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Pole Vault	HS Girls-/HS Boys* J.H Boys-J.H Girls- G-B Same Time

J.H G/B Shot/Discus Throw Separate North East of Track

10:00 Running Events:

400 Meter Relay	J.H Girls-J.H Boys HS Girls-HS Boys
3200 Meter Relay	J.H Girls J.H Boys-HS Girls- HS Boys
100 Meter Hurdles	(30") J.H Girls-33 HS Girls
110 Meter Hurdles	(36") J.H Boys- (39") HS Boys
3200 Meter Run	HS Boys-HS Girls
800 Meter Relay	J.H Girls-J.H Boys-H.S Girls-H.S Boys
800 Meter Run	J.H Girls-J.H Boys-HS Girls-HS Boys
100 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
	15 Minute Break
3200 Meter Run	J.H Girls-J.H Boys <u>Start During Break</u>
400 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
300 Meter Hurdles	J.H Girls 30" HS Girls 30"-J.H Boys 33"-HS Boys 36"
200 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
1600 Meter Run	J.H Girls-J.H Boys- HS Girls-H.S Boys
1600 Meter Relay	J.H Girls-J.H Boys-HS Girls-H.S Boys



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