

McALESTER BUFFALOES



McAlester Clark Bass Southeast Invitational McAlester, Oklahoma

- Date:** Saturday, April 13, 2019
- Time:** Coaches Meeting: 9:30 AM in the north end zone
Field Events: 10:00 AM
Running Events: 11:00 AM
- Location:** Clark Bass Track Complex – 1310 N 6th St
- Entry Fee:** \$100.00 per team per division
With paid Varsity team, JV can run for \$50.00
Note - no refunds for rainout once meet has started
- Checks:** Make payable to McAlester High School Athletics
- Divisions:** HS Girls/Boys & JH Girls/Boys (7th-8th)
- Limitations:** 6 throws allowed in Shot & Discus
All JH events are finals
Athletes may only participate in 4 events
Heating for each race will be in the north end zone
- Awards:** Medals for top 3 finishers in each event
Award for 1st place and 2nd place team in each division
Six (6) places will score in all events:
Individual scoring will be 10-8-6-4-2-1, Relays are doubled
- Admission:** \$ 5.00 Adults and Students
- Bus Parking:** East side of Stadium
- For Information:** John Homer – Athletic Director – 918-424-5809 jhomer@mcalester.k12.ok.us
Kevin Wright – Head Track Coach – 918-705-0385 kwright@mcalester.k12.ok.us

Schedule of Events

Southeast Invitational April 13, 2019

10:00 AM

Order of Field Events:

High Jump

JHB, HSB, JHG, HSG

Long Jump

JHG, HSG, JHB, HSB

Shot Put

JHB, HSB, JHG, HSG

Discus

JHG, HSG, JHB, HSB

Pole Vault

JHG, HSG, JHB, HSB

11:00 AM

Order of Running Events:

400m Relay (Preliminaries)

JHG, HSG, JHB, HSB

3200m Relay (Finals)

JHG, HSG, JHB, HSB

100m High Hurdles 30"/33" (Preliminaries)

JHG, HSG

110m High Hurdles 33"/39" (Preliminaries)

JHB, HSB

100m (Preliminaries)

JHG, HSG, JHB, HSB

3200m (Finals)

JHB, HSB

800m Relay (Finals)

JHG, HSG, JHB, HSB

3200m (Finals)

JHG, HSG

200m (Preliminaries)

JHG, HSG, JHB, HSB

400m Relay (Finals)

HSG, HSB

800m (Finals)

JHG, HSG, JHB, HSB

100m High Hurdles 30"/33" (Finals)

HSG

110m High Hurdles 33"/39" (Finals)

HSB

100m (Finals)

HSG, HSB

400m (Finals)

JHG, HSG, JHB, HSB

300m Hurdles 30"/30"/30"/36" (Finals)

JHG, HSG, JHB, HSB

200m (Finals)

HSG, HSB

1600m (Finals)

JHG, HSG, JHB, HSB

1600m Relay (Finals)

JHG, HSG, JHB, HSB