



BSN SPORTS™
TRACK & FIELD



Midwestern State University

XC/ Track & Field Clinic

**Please Join Us For
Midwestern State University
XC/Track & Field Clinic**

When: January 24, 2019

Time: 10AM - 2PM

Where: Midwestern State University; Outdoor Event Center

Cost: \$50(lunch provided)

Register by emailing: koby.styles@msutexas.edu

Guest Speakers: Matt Appelman, Marietta, OK - 9 State XC/ Track Titles in 6 years

Robert Hackett - 3x Olympic Trials Qualifier (100m & 200m). Former Strength and Conditioning Coach for NBA and current Track/Stength/Speed Specialist for BSN Sports

Koby Styles - Head Coach at Midwestern State Universtiy- 8x Conference Champions

Leo Manzano

In 2012, Manzano won the 1500 m titles at the USA Indoor Track and Field Championships and 2012 United States Olympic Trials, where he earned Silver Medalist 1500m at 2012 Summer Olympics. Throughout his career, Manzano has represented the USA on 6 world championship teams, including 2 Olympic Teams—2008 and 2012.

CONTACT:

**Koby Styles – Midwestern State University
koby.styles@msutexas.edu**



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Midwestern State University

XC/ Track & Field

**Please Join Us For Dinner
Midwestern State University
XC/Track & Field**

When: January 24, 2019

Time: 6:00-8:00 PM

Where: Midwestern State University; Outdoor Event Center

Cost: \$30 for Individual or Table of 8 for \$200)

Register Here! <https://goo.gl/forms/aGQySF6aovsE062f2>

Leo Manzano

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