



The 49th ANNUAL CLINTON GROVES 7TH & 8TH GRADE JARMAN INVITATIONAL TRACK MEET

This meet is open to the first 12 teams interested in attending. If you plan on attending, please email: Terrell Love, Athletic Director: tlove@mid-del.net or Christina Childers, AD Secretary: cbode-childers@mid-del.net

WHEN & WHERE

The event will be held on **Thursday April 4, 2019**. School address: 5 W. MacArthur Blvd Midwest City, OK. If you have any questions, feel free to contact Terrell Love, Anthony Gilliam, Sherri DeQuasie, or Christina Childers at (405) 739-1771 ext 5713.

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is **Wednesday, Apr 3rd @ 6pm**. (((The meet will be CLOSED at 6pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on our meet's "**ENTRIES Window**". If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - Please log into your ENDURO USA™ account at: **www.endurousa.com**

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PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. To find our meet's PREVIEW window, click on our meet in the "Student Meets and Events LIST" (on the right side of the window) after you log into your account.

ENTRY FEES

There will be 4 divisions during the meet: 8th Boys, 8th Girls, 7th Boys, 7th Girls. There will be a **\$95 Entry Fee per division**. Please make checks payable to **Jarman Middle School**. Please indicate division(s) and school when making payment. For example: 8th grade Boys and Girls (\$190), 7th Grade Boys Only (\$95).

SCORING

Scoring: 10-8-6-4-2-1 (doubled for relays). Timed Finals – "Roster Only" Entries. There will be NO qualifying for field events. Each contestant will be allowed 3 attempts/scratches. The top 6 will count toward team points.

AWARDS

Individual medals will be awarded to the top three places and team trophies will be awarded to the top two teams. All medals and trophies will be handed out at the conclusion of the meet.

IMPORTANT TIMES

8:30 A.M. – Coaches meeting will be held in the home locker room.

9:00 A.M. – First call for running events.

CONCESSIONS and GATE FEES

Hot foods, drink and snack items will be available for purchase by the athletes and spectators. Donuts, coffee, juice, and a hot lunch will be provided for coaches.

Gate fee for all spectators will be: Adults \$3, Students \$2, Senior Citizens Free.

RULES

- Nothing that will puncture the field is allowed on the turf area. This includes tent stakes.
- No sunflower seeds in track or turf area.
- No chairs or tables allowed on track or turf area.
- Benches with flat bases allowed on turf only. Benches are to be kept off track at all times.
- All track must be picked up and put in trash receptacles by each group or groups immediately after using the facility.
- Do not climb or jump fencing. No leaning or pulling on gates or fencing.
- Do not track mud on the turf.
- Short spikes only.
- A student may enter up to **four** events in one grade division.
- All **warm-ups** will be conducted **outside** (south) of the stadium on the practice field.
- All spectators are to remain off the infield. Only those participants who are about to run are permitted on the field at any time.
- All **camps** will be located in the reserved section of concrete bleachers on the South side of Rose Field (press box side).
- In the event an appeal is needed, an appeal committee will be selected during the morning coaches meeting. **The decisions of the appeals committee are final.**

ORDER OF RUNNING EVENTS (9:00 A.M. start)

400m Relay	7G-8G-7B-8B
3200m Relay	7G-8G-7B-8B
100m Hurdles	7G-8G
110m Hurdles	7B-8B
400m Dash	7G-8G-7B-8B
100m Dash	7G-8G-7B-8B
800m Relay	7G-8G-7B-8B
800m Run	7G-8G-7B-8B
200m Dash	7G-8G-7B-8B
300m Hurdles	7G-8G-7B-8B
1600m Relay	7G-8G-7B-8B
1600m Run	7G-8G-7B-8B

ORDER OF FIELD EVENTS (9:00 A.M. start)

*Field events are "All Finals" format,
no qualifying rounds.

*Each contestant is allowed 3 attempts/scratches.

*Top 6 count toward team points.

Discus	7G-8G-7B-8B
Shot	7B-8B-7G-8G
Long Jump	7B-8B-7G-8G
High jump	7G-8G-7B-8B

**Starting heights for High Jump:

7th Girls 4ft start

7th Boys 4.5ft start

8th Girls 4.5ft start

8th Boys 5ft start