



OKMULGEE PUBLIC SCHOOLS

"Preparing students to be lifelong learners and contributing citizens in an ever changing society"

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2019 BULLDOG JR. HIGH INVITATIONAL

On behalf of the Okmulgee Jr. High School and Okmulgee Public Schools, we are extending an invitation to participate in our Jr. High School Boys and Girls Track and Field meet. We have a new 8 lane track and it promises to be a very fast and well ran venue.

Location: Harmon Stadium 601 E. 12th Street Okmulgee, Ok-West on 13th off Highway 75 then right on Rogers Street-Buses Park in Big Lot
(918) 758-2075 Phone Fax (918) 758-2096

Entry Fee: **\$75.00** for each division if you confirm early. **\$85.00** if you don't confirm. For teams of four athletes or less: \$15.00 per person. Please make checks payable to Okmulgee High School Track.

ATTENTION COACHES: The on-line Entry DEADLINE for our meet is Monday, April 1, 2019 @ 5:00 pm. (The meet will be Closed at 5:00 pm) No late entries accepted.—Schools planning to attend this meet must submit their entries on the "ENDURO Entries" website by completing **ALL FIVE (5) ON-LINE Steps**. If your team/school dose not complete All Five(5) On-line Entry Steps, your school/team can **not** be entered manually by our timing crew at the meet. **-No exceptions allowed this year.**-Please log into your ENDURO Entries (Track Roster) account at www.enduroussa.com Contact me at dpankey@okmulgeeps.com 918-521-2329 Cell.

Buses enter from 13th and Rogers just east of the stadium.

Date/Time: April 2, 2019-Coaches meeting will be at 9:30 am and the meet starts at 10:00.

Limitations: Each school is limited to 1 relay team per division. B teams are permitted only by Permission of Coach Pankey with a fee of \$20.00 per B team. Each school is limited to 3 competitors per event. Each contestant is limited to 4 events, including relays and field events.

Medals: Medals will be awarded to the top three finishers in each event.

Trophies: Plaques will be awarded to 1st and 2nd place teams in both divisions.

Team Points: points will be scored as followed: 10, 8, 6, 4, 2, 1 & doubled for relays.

Equipment: Okmulgee will furnish all starting blocks. ¼ spikes or shorter are required.

Facilities: No Dressing Facilities and restrooms will be on the south side of the stadium.

Dinner: We will have dinner during the meet for coaches and workers.

**Bulldog Schedule of Events
Jr. High Bulldog Invitational**

Jr. High Bulldog Invitational
April 2, 2019

9:30 am Coaches meeting in the Locker room

10:00 am Field Events Begin
Note: There will be 3 jumps and throws in Field events.
And the top 8 will go to finals for 3 more attempts.

Long Jump-Boys, Girls 7B-8B-9B-7G-8G-9G
Shot-Girls, Boys 7G-8G-9G-7B-8B-9B
Discus-Boys, Girls 7B-8B-9B-7G-8G-9G
Pole Vault-Girls, Boys 7G-8G-9G-7B-8B-9B
High Jump-Girls, Boys 7G-8G-9G-7B-8B-9B

Timed Finals Meet

10:00	400 Relay	Girls	Boys
	3200 Relay	Girls	Boys
	100 Hurdles	Girls	Boys
	110 Highs		Boys
	100m Dash	Girls	Boys
	3200 Run		Boys
	800 Relay	Girls	Boys
	3200 Run	Girls	
BREAK	BREAK	BREAK	BREAK
	400m Dash	Girls	Boys
	800m Dash	Girls	Boys
	300 Hurdles	Girls	Boys
	200m Dash	Girls	Boys
	1600m Run	Girls	Boys
	1600m Relay	Girls	Boys

There will be a coaches meal provided at the beginning of the girls 3200 run.