

2019 MUSTANG RELAYS

THURSDAY MARCH 14, 2019

This meet is open to first 8 teams (4A and below) that are interested in attending.

If you plan on attending please email or text me at

scott.doss@oologah.k12.ok.us

918-260-3309

COACHES MEETING: 5:00 PM

RELAY EVENTS: 5:30 PM

SCORING: No team points kept

AWARDS: Medals given to first three places in each event

NO FIELD EVENTS!!!!

LOCATION: OOLOGAH HIGH SCHOOL (MUSTANG STADIUM) 10700 S. HWY 169,
OOLOGAH, OK 74053

ATHLETIC DIRECTOR: BRADY DESPAIN

MEN'S TRACK COACH: SCOTT DOSS

PHONE: 918-260-3309

EMAIL: scott.doss@oologah.k12.ok.us

ENTRY FEE: \$40 per Team or \$75 for both girls and boys teams

SEND ENTRY FEES TO: OOLOGAH-TALALA ATHLETICS

OOLOGAH HIGH SCHOOL ATTN: BRADY DESPAIN, ATHLETIC DIRECTOR
10700 S. HWY 169 OOLOGAH, OK 74053

RELAY EVENTS:

4x100 Relay

4x800 Relay

Sprint Medley Relay (100, 100, 200, 400)

1600 Medley Relay (200, 200, 400, 800)

Break

4x200 Relay

4x400 Relay (B TEAM)

Distance Medley Relay (400, 800, 800, 1600)

4x400 Relay (A TEAM)