

Boots Holder Memorial 7th & 8th Grade Track Meet

March 30th, 2019

Dear Coach;

We would like to invite you the annual **Boots Holder Memorial Track and Field Meet at Pauls Valley, OK**. The meet will be on **Saturday, March 30th, 2019**. The coaches meeting will begin at 9:00 a.m., the field events at 9:30 a.m. and the running events at 10:00 a.m. We have a 6 lane all weather surface and would ask that your athletes wear ¼ inch spikes. Hospitality will be provided for all of your coaches.

Divisions: 7th girls, 7th boys, 8th girls, 8th boys

Entry Fee: \$85 per division, \$340 for all four, \$45 for B teams, and \$15 for individuals (4 or less). Please make checks payable to Pauls Valley Public Schools. You can mail checks to: Attn. Kirk Moore, Pauls Valley Public Schools, P.O. Box 780, Pauls Valley, OK 73075 or bring the check to the meet.

****Please call or E-mail Coach Caldwell if you plan to attend****

Field Events at 9:30 a.m.

Long jump – 8G, 7G, 8B, 7B
High jump – 8B, 7B, 8G, 7G
Shot – 7G, 7B, 8G, 8B
Discus – 8G, 8B, 7G, 7B
Pole Vault – Girls, Boys

Running events at 10:00 a.m.

400 relay – girls/boys
3200 relay – girls/boys
100 hurdles – girls
110 hurdles – boys
100 m dash – girls/boys
800 m relay – girls/boys
800 m run – girls/boys
400 m dash – girls/boys
300 m hurdles – girls/boys
200 m dash – girls/boys
1600 m run – girls/boys
1600 relay – girls/boys

Awards

Medals will be given to the top six (6) places in each event – including relays.
No team trophies will be given out.

OSSAA rules will govern the meet

Contacts

Head Coach – Ryan Caldwell: Cell Phone (405) 207-3692

School phone (405) 238-6497

Email- rcaldwell@paulsvalley.k12.ok.us

Athletic Director – Kirk Moore: Cell Phone (405) 207-6717

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