

PANTHER MIDDLE SCHOOL Track Meet



AT PUTNAM CITY HIGH SCHOOL STADIUM

5300 N.W. 50th Warr Acres, Oklahoma

Thursday – April 11th

Putnam City North Track will be hosting its 7th & 8th grade track meet this spring on *April 11th*.

You need to email JohnM@putnamcityschools.org to obtain an “Invitation Code” to enter.

You must have Middle School rosters on your ENDURO USA account to enter this MS meet.

ONLINE ENTRIES: On-line Entry **DEADLINE** for our meet is **April 10th @ 6pm (Wednesday)**.

((Meet will be CLOSED at 6pm!))) No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA™ website by completing ALL the steps listed on the “**ENTRIES Window**”.

If your team/school doesn't complete all the necessary steps, your team can NOT be entered manually by our timing crew at the meet. - NO exceptions this year. If you need assistance with your ENDURO USA™ account, contact Kevin McWatters at: kevin@runenduro.com - - - (or message him through the website).

Please log into your ENDURO USA™ account at: www.endurousa.com

- - - NEW - - -

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. (. . . bad weather info, etc.) You can use the “short cut” to our meet's PREVIEW window by clicking on our meet in the “Student Meets and Events LIST” (on the right side of the window) after you log into your ENDURO USA™ account.

- All running events will be timed finals.
- Scoring will be **10-8-6-4-2-1** for individual events and **20-16-12-8-4-2** for relays.
- Each school will be permitted to enter **3 contestants per event**.
- Each athlete may compete in only **4 events. 1 relay per event**.
- Shot, discus, long jump contestants will be given **3 attempts only. 2 warm ups**
- **3200m Relays, 800m, 1600m** runs will be combined when convenient.
- Team Championship Trophies will be awarded for **1st** for each 7th-8th division
- Medals will be awarded for the top **3 places** in each event.
- A full, well stocked concession stand will be open during the event.
- Park buses in the East Parking lot behind the baseball field.
- **Team Camp** are around the perimeter of the on the **track, NOT STANDS!**
- **Coaches meeting** will begin at **2:30pm on the Football Field**
- **Field events** will begin at **2:45pm** **Running events** will begin at **3pm**

Entry fees are as follows:

All **4 divisions** **\$240 or \$60.00** for **EACH** divisional team.

YOU MUST RSVP TO:

John Miller: JohnM@putnamcityschools.org (405) 787-4220 (ofc.) (405) 863-0819

Send Entry Fees to: Putnam City North High School

11800 N Rockwell Ave, Oklahoma City, OK 73162

Attention: John Miller, PCN Track & Field

Order of Running Events:

(Timed Finals Beginning at 3:30pm)

100m low Hurdles (30")		7G/8G
110 m Int. Hurdles (30", 33")		7B/8B
400m Relay		7G/7B-8G/8B
3200m Relay	Combine	7G/7B-8G/8B
100m Dash		7G/7B-8G/8B
800m	Combine	7G/7B-8G/8B
800m Relay (200)		7G/7B-8G/8B
400m Run		7G/7B-8G/8B
300m Hurdles		7G/7B-8G/8B
1600m Run	Combine	7G/8B-8G/7B
1600m Relay		7G/8B-8G/7B

Order of Field Events:

(Beginning at 3:30pm)

Shot Put	8B, 7B, 8G, 7G (3 throws only)
Discus	7G, 8G, 8B, 7B (3 throws only)
Long Jump	8B, 8G, 7B, 7G (3 jumps only)
High Jump	7B, 7G, 8B, 8G (3 Jumps only)

***3 participants per event, 4 total events per athlete.**

***1 Relay team per school only in each event.**

***There will be no 200m run or pole vault.**

There is a 200m Relay (800m)*



PANTHER MIDDLE SCHOOL TRACK MEET
April 11th
2019/INVOICE

TEAM: _____ **AMOUNT OWED:** _____

PANTHER TRACK MEET ENTRY FEE:

\$60.00 per division /\$240.00 for all 4division (Must have all 4 Div.)

**** write check to “Putnam City North Track & Field” ****

Send Entry Fees to:

- Attention John Miller Head Track Coach

Address:

Putnam City North High School
11800 N Rockwell Ave, Oklahoma City, OK 73162

Phone: (405) 722-4220

Please send form with check thank you