

Stillwater High School

Pioneer Relays

Date: Friday, April 5th, 2019

Time: All teams report to HS Track by 3:00pm for coaches meeting. Field events will start at 3:30pm and running events will start at 4:00pm

Online Entries & Meet “PREVIEW” WINDOW: - - - SEE THE 2ND PAGE.

Divisions: There will be 2 divisions: HS Boys / HS Girls

Entry Fee: \$90.00 for EACH division. HS Girls \$90, HS Boys \$90. Please bring check with you, or let me know that “The check is in the mail”.

Coaches: There will be preliminaries and finals in the L J, Shot and Discus. We will take 8 to the finals.

Awards: Medals to the first three places. Trophies to the top two teams

Heating: All athletes will need to heat in at the heating benches before their race (South end of the FB field).

Limitations: Short (1/4) spikes. You may only have 3 athletes per event, 1 athlete may enter only 4 events. You can run a “B” team, but please clearly distinguish between the two.

Team Points: 10-8-6-4-2-1 (Individuals)
20-16-12-8-4-2 (Relays)

Dinner: We will feed all coaches dinner, but we will not be taking a break.

Contacts: Stillwater High School—1224 N. Husband—Stillwater, Ok. 74075
Coach Rusty Atkins Cell (405) 714-0442
School Phone: (405) 533-6450 Fax: (405) 533-6464

ON-LINE ENTRIES: * * * * We're using the "ENDURO" website - - -

www.endurousa.com

Schools that attend this meet must submit their entries online. (no exceptions)

*If you are using the website for the first time, you must setup an account and **UPGRADE** your account to "Coach of Record (school meets)". To upgrade, login and click on your name at the top of the webpage to find the upgrade window.*

DEADLINE: the day before the meet @6:00pm. - - - Complete both steps on the "Entries Window". ("Roster Only" meet)

*** * * NO LATE ENTRIES * * ***

Schools who have not entered on-line will not be added at the meet.

* * * If you have any questions about your ENDURO USA™ account,
please email your questions to: kevin@runenduro.com - - -
[or - - - message him through your ENDURO USA™ account.](#)

- - - NEW - - -

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. To find our meet's PREVIEW window, click on our meet in the "**Student Meets and Events LIST**" (on the right side of the window) after you log into your account.

***** Order of Events – on next page

Order of Events 2019

3:30 Field Events

High Jump	Boys, Girls
Pole Vault	Girls, Boys
Long Jump	Girls, Boys
Discus	Girls, Boys
Shot	Boys, Girls

4:00 Running Events

ALL FINALS

400m relay	Girls / Boys
3200m relay	Girls / Boys
100m dash	Girls / Boys
100m hurdles	Girls
110m hurdles	Boys
3200m run	Boys
800m relay	Girls
800m relay	Boys
3200m run	Girls
800m run	Girls / Boys
400m dash	Girls / Boys
300m hurdles	Girls (30") / Boys (36")
200m dash	Girls / Boys
1600m run	Girls / Boys
1600m relay	Girls / Boys

STILLWATER HIGH SCHOOL
INVOICE

Stillwater Invitational Track Meet

Varsity Boys and Girls

\$90.00 per team

TOTAL AMOUNT \$180.00

Make Check Payable to:

Stillwater High School

Attn: Tracy Sodowsky

1224 N Husband

Stillwater, OK 74075

Phone: (405) 533-6338

Fax: (405) 533-6464