

Stroud Track



212 West 7th Street, Stroud, OK 74079, Phone 918-968-2542, Fax 918-968-3656

Mr. Bob Wood Stroud Athletic Director

Dear Track Coach:

We are pleased to announce our annual Tiger Track Classic Meet. Our eight lane track has a top of the line polyurethane surface and it will provide an opportunity to produce excellent performances by your team members.

Consider this our sincere invitation to you and your team to attend our meet. This meet will be run as timed finals.

The details of The Tiger Track Classic are as follows:

Date: Saturday, March 30, 2019
Class: 4A schools and below

Division: Two-Varsity Boys and Girls

Participation: Each event will be limited to three participants from each team. Each

contestant may enter no more than four events. Spike length should be

1/4" or shorter. Starting blocks will be provided.

Time: Coaches meeting will be held at 9:00 A.M. with field events starting

promptly at 9:30 A.M. and running events at 9:45 A.M.

Entry Fee: The entry fee is \$80.00 per team and \$160.00 for both boys and girls

team. B team are \$80.00 per team. If four or less athletes, then the entry fee

is \$15.00 per contestant. Checks payable to Stroud High School.

Hospitality: Coaches' lunch will be provided.

Tents: All camps will be located in the middle school playground.

Parking: Buses park just south of our track building-cars/vans just east of our

middle school.

Scoring: No team scoring. We have increased the numbers of medals given instead

of awarding team trophies.

Awards: A custom medal for the first three places in the relays and a custom medal

for the top five finishers in each of the individual events.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

For additional information call: Bob Wood

918-968-2542 School 918-968-2027 Home 918-290-0162 Cell



Order of Events

Field Events

Shot	G-B
Discus	B-G
High Jump	G-B
Long Jump	B-G
Pole Vault	B-G

Timed Finals

400 Meter Relay	G-B
3200 Meter Relay	G-B
100 Meter Hurdles (33")	\mathbf{G}
110 Meter Hurdles (39")	В
3200 Meter Run	В
800 Meter Relay	G-B
800 Meter Run	G-B
100 Meter Dash	G-B

Proposed Break-30 minutes

3200 Meter Run	G
400 Meter Run	G-B
300 Meter Hurdles (30")	\mathbf{G}
300 Meter Hurdles (36")	В
200 Meter Dash	G-B
1600 Meter Run	G-B
1600 Meter Relay	G-B