Arrowhead Relays Wednesday March 27, 2019

On behalf of Tahlequah Public Schools, we extend to you a sincere invitation to participate in our 5th and 6th grade track meet. The following will give you information you need for the meet. This will be a timed finals meet. You may have three participants in each event. Four events total. No B teams due to time constraints.

Entry Fee: \$25.00 per division. $5^{\text{th}} \text{ girls} = 1 \text{ division}$, $5^{\text{th}} \text{ boys} = 1 \text{ division}$, $6^{\text{th}} \text{ girls} = 1 \text{ division}$, $6^{\text{th}} \text{ boys} = 1 \text{ division}$.

Time: All coaches report to the THS track building by 9:00 for a coaches meeting. Field events and running events will begin at 9:30.

Medals: Awarded to 1^{st} -5 place in all divisions. 1^{st} - 3^{rd} place in relays.

Trophies: We will NOT be awarding team trophies.

Team Points: We will NOT keep team points

Equipment: THS will furnish all starting blocks to contestants. Spikes ¹/₄ö or shorter are allowed.

Concessions will be available. We will NOT break for lunch! Please do not set camps up on the infield!

Please contact David Spears @ Tahlequah Middle School (918) 458-4140 or (918) 453-1404 to RSVP, or if you have any questions. Make checks payable to THS track. Email spearsdm@tahlequahschools.org

Order of events:

- 1. High Jump- 6g 6b 5g 5b
- 2. Long Jump- 5g 5b 6g 6b
- 3. Shot- 5b 6g 6b 5g
- 4. Disc- 6b,5g,5b,6g
- 5. 1600
- 6. 4X100
- 7. 400
- 8. 800
- 9. 4X200
- 10.100
- 11. 4X400

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