

# Tishomingo High School

## Home of the Indians



### Tishomingo High School Invitational Track Meet

on Friday, April 5<sup>th</sup>, 2019

This meet has been approved and sanctioned by the OSSAA.

Athletes **MUST** be entered on [trackroster.com](http://trackroster.com)

Coaches meeting begins at 9:30 am

Field events will start at 10:00 am

Running events will start at 10:30 am

This meet will be for High School 4A and below.  
**We have an all-weather track (poly-urethane track).**  
1/4" spike or shorter will be used.

There will be two (2) divisions: HS Girls and HS Boys.

- ❖ ENTRY FEE will be \$85.00 for High School teams.
- ❖ MEDALS will be given to the first five (5) places in each of the events.
- ❖ Each school will be limited to three (3) entries in each event and one (1) relay per school.
- ❖ Individual entry fee is \$15.00 (if you do not have a team – a team consists of at least four (4) individuals.)
- ❖ An individual may not enter more than four (4) events.
- ❖ If you want to enter a JV Team or Individuals, enter them in the last heat and there will be NO charge.

#### **IN CASE OF INCLEMENT WEATHER CALL**

Coach Houser	580-371-5456
Coach Moreland	580-310-2675
Coach Wood	580-371-5164
Coach Wyatt	580-371-5497

#### **Entry fees should be mailed to:**

Boyd Houser, Athletic Director  
Tishomingo High School  
1300 East Main  
Tishomingo, OK 73460

