

Warner High School

Brian Hummingbird, Principal Misty Durrett, Counselor

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January 14th, 2019

You are invited to attend our 21st annual junior high school track meet on April 8th, 2019.



We have a 7 lane all-weather surface track. The starter for our meet is a State Track Meet starter.



Field events will begin at 10:00 AM and running events will begin at 10:15 AM. Coach's meeting at 9:30am.



Entry fee will be \$65.00 per division. Teams of three or less are \$15/individual. Medals will be given for 1st-3rd place, as well as division winners. Make checks payable to: WARNER PUBLIC SCHOOL.



Starting blocks will be furnished and YOU MUST WEAR 1/4" SPIKES OR SMALLER. NO NEEDLE SPIKES. <u>Please DO NOT use tape on the track</u>. No team camps on the infield. Make checks payable to Warner Public Schools.



Limits are three athletes per event & no athlete may participate in more than four events in any division. Field events will be allowed 3 attempts and we will send 8 to the finals.



Divisions are 7th girls, 7th boys, 8th girls, & 8th boys (4 divisions)

All coaches are to check in at the field house. If you arrive late, please check in with Coach Hart or Coach Peters.

***Hospitality room provided for coaches and administrators.

Please feel free to contact Coach Peters (918-618-3158) or Coach Hart (918-617-0925) at any time with questions or in regards to inclement weather or at 918-463-5172.

Regards,

Mindi Peters - Girls Track Coach John Hart - Boys Track Coach

WARNER 7TH & 8TH GRADE INVITATIONAL ORDER OF EVENTS

FIELD EVENTS

HIGH JUMP 7TH, 8TH GIRLS 7TH, 8TH BOYS

LONG JUMP 7TH , 8TH BOYS 7TH , 8TH GIRLS

SHOT PUT 7TH, 8TH BOYS 7TH, 8TH GIRLS

DISCUS 7TH , 8TH GIRLS 7TH , 8TH BOYS

NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS/THROWS. EACH OF THE 3 THROWS WILL BE CONSECUTIVE.

RUNNING ORDER

7TH GIRLS, 8TH GIRLS, 7TH BOYS, 8TH BOYS

400M RELAY

3200 M RELAY

100M HURDLES

110 M HURDLES

800M RUN

100M DASH

400M RUN

800M RELAY

300M HURDLES

200M DASH

1600M RUN

1600M RELAY