

Watonga Public Schools
Watonga 6TH and 7TH/8TH Girls and Boys
Invitational Track and Field Meet
April 16, 2019

Watonga Middle School will be hosting their invitational track meet on April 16, 2019. This is an invite to any 3A and below school. We have a 7 lane track and an 8 lane straight, full pour polyurethane track surface that was installed in November of 2015 and a fully automatic timing system.

We will follow the state association rules and regulations and the following:

- Only schools in class 3A and below may enter the meet.
- There will be four (4) divisions: 6th girls and boys 7th/8th girls and boys. You may bring 5th graders if needed to make a 6th grade team. NO 7th graders in the 6th grade division.
- This will be a finals only meet.
- Only four (4) events may be entered by one contestant.
- Each team may enter three (3) contestants per individual event, and one (1) team per relay.
- Points will be scored 10-8-6-4-2-1 and will double for relays 20-16-12-8-4-2.
- Three (3) medals will be awarded in each event.
- An entry fee of \$75.00 per division or \$150.00 for both girls and boys for each middle school team will be charged. Max of \$300.00 for all four (4) divisions. \$15.00 per individual up to 4. Make checks payable to Watonga High School. No refunds.
- This is a Rosters ONLY meet. Entries are to be completed online using ENDURO Entries (www.runendurousa.com). Phone or faxed entries will not be accepted.
- Schools must have rosters entered on ENDURO Entries by **April 12, 2019**. Please enter your TEAM (athletes) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Kevin McWatters at: kevin@endurousa.com
- ¼ö or less spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.
- Contestants will be heated on the field for their running event.
- Athletes will not be allowed on the field unless they are warming up or competing in an event at the time.
- Coaches meeting will be at 9:30 a.m. Field events will start at 10:00 p.m., Running at 10:30 p.m.
- A concession stand will be open. Coaches will receive a meal ticket.

Contact Coach Coleman if you any questions about the meet.

Phone: 580-478-2039 Email: jcoleman@watonga.k12.ok.us

6TH AND 7TH/8TH GRADE GIRLS and BOYS

WATONGA INVITATIONAL TRACK and FIELD MEET

TUESDAY, APRIL 16, 2019

ORDER of EVENTS

FIELD EVENTS 10:00 a.m.

Contestants will have three (3) attempts in the shot put, discus throw and long jump.

All attempts will be **FINALS**

Shot Put (6th - 6lb, 8th B - 4kg) ----- 6th B, 8th B, 6th G, 8th G
Discus Throw ----- 6th G, 8th G, 6th B, 8th B
High Jump ----- 8th G, 6th G, 8th B, 6th B
Long Jump----- 8th B, 6th B, 8th G, 6th G
Pole Vault----- All Girls, All Boys

RUNNING EVENTS 10:30 a.m.

400 relay ----- 6th G, 8th G, 6th B, 8th B
3200 relay----- 8th G, 8th B
100 hurdles (30ö)----- 6th G, 8th G
110 hurdles (30ö)----- 6th B
110 hurdles (33ö)----- 8th B
800 relay ----- 6th G, 8th G, 6th B, 8th B
800 run ----- 6th G, 8th G, 6th B, 8th B
100 dash----- 6th G, 8th G, 6th B, 8th B
400 dash----- 6th G, 8th G, 6th B, 8th B
300 hurdles (30ö)----- 6th G, 8th G, 6th B, 8th B
200 dash----- 6th G, 8th G, 6th B, 8th B
1200 run----- 6th G, 6th B
1600 run----- 8th G, 8th B
1600 relay----- 6th G, 8th G, 6th B, 8th B