

# Southern Oklahoma 8 Man Invitational Track Meet Friday, April 12, 2019

Waurika High School will host a Junior High and High School Track and Field meet on, Friday, April 12, 2019. **This meet is open to schools that will be playing 8 man football next year (2018-2019).**

**Starting Time:** Coaches Meeting 9:00  
Field Events 9:30  
Running Events 10:30

**\*\*Admission**

**Entry Fee:** \$75 per team  
Less than 4 members \$10 each.

**Divisions:** There will be four divisions.  
Junior High Girls  
Junior High Boys  
High School Girls  
High School Boys

**Participation:** Each athlete may compete in 4 events. Each school may enter 3 in each event. Freshmen may only compete in one division.

**Team Awards:** Team scores will be kept but there will be no team trophies.

**Medals:** Medals will be awarded to top 5 individuals and top 3 relays.

**Inclement Weather:** Call Joe Masoner cell 580-313-0224 or Roger Jessie 580-228-4576 School 580-228-2341

---

### Entry Form

School \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ JH Girls

\_\_\_\_\_ JH Boys

\_\_\_\_\_ HS Girls

\_\_\_\_\_ HS Boys

Mail to Joe Masoner  
Waurika High School  
600 E. Florida  
Waurika, OK 73573

# ORDER OF EVENTS

**Coaches Meeting: 9:00**

**Field Events: 9:30**

**High Jump:** JH Girls, JH Boys, HS Girls, HS Boys

**Long Jump:** HS Girls, HS Boys, JH Girls, JH Boys

**Shot:** JH Boys, JH Girls, HS Boys, HS Girls

**Discus:** HS Boys, HS Girls, JH Boys, JH Girls

**Pole Vault:** NO POLE VAULT

**Running Events: 10:00**

**Order:** JH Girls, JH Boys, HS Girls, HS Boys

## Timed Finals

400 Meter Relay

3200 Meter Relay

100 Meter Hurdles

110 Meter Hurdles

3200 Meter High School

800 Meter Relay

800 Meter Run

100 Meter Dash

3200 Meter Run Junior High

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

1600 Meter Run

1600 Meter Relay