

Weatherford High School
31th Annual
Boys and Girls Invitational Track Meet
Tuesday, April 23, 2019

Coaches:

Weatherford High School would like to extend an invitation to your school to enter the 31th annual Weatherford High School Boys and Girls Invitational on Tuesday, April 23th, ,2019, in Weatherford, Oklahoma .

All Association rules will apply. Each school will be permitted to enter three contestants per event.

Team trophies will be awarded for first and second place teams and medals will be given for the 1st-3rd for individual events and in the relay divisions in which only the first three places will be awarded. Scoring will be 10-8-6-5-4-3-2-1 and double relays.

The meet is sanctioned by the O.S.S.A.A. Field events will begin at 10:00 Tuesday . The meet will be an "ALL FINALS" in the running events starting at 10:30am. A coaches' meeting will be at 9:45 at the field house next to the track.

An entry fee of \$200.for both teams (\$120.00 for one team) should accompany entries.

Contestants will draw for assignments and will be heated according to times the day of the meet. Shot and discus will be thrown from concrete slabs. All participants will be allowed to wear spikes not exceeding 1/4 in length. The NO FALSE start will apply. Starting blocks will be furnished by Weatherford High School.

We hope you can participate in our upcoming meet.

*Note: Email dseifried@wpsok.org
kfischer@wpsok.org

Sincerely,

Dennis Seifried
Meet Director

Send inquiries to: Dennis Seifried
Weatherford High School
1500 N. Washington
Weatherford, OK 73096

Kaleb Fischer
Weatherford High School
1500 N. Washington
Weatherford, OK 73096

School : 580-772-3385
Home: 580-772-7554
Cell: 580-774-8911

**Weatherford High School Boys and Girls Invitational
Track and Field Meet**

**Tuesday, April 23, 2019
Order of Events**

Field of Events

Contestants will have 3 attempts to qualify for the finals(subject to change by games' committee the day of the meet). Top 7 will advance to the finals.

10:00 AM

Shot Put.....Boys,Girls
 Discus..... Girls, Boys
 Long Jump.....Girls, Boys
 High Jump.....Boys, Girls
 Pole Vault.....Boys, Girls
 Running 10:30

10:30 AM

Timed Finals Meet

400 Meter Relay	Girls	Boys
3200 Meter Relay	Girls	Boys
100 Meter Hurdles	33"	Girls
110 Meter Hurdles	39"	Boys
800 Meter Relay	Girls	Boys
800 Meter Run	Girls	Boys
100 Meter Dash	Girls	Boys

Proposed Break

3200 Meter Run	Girls	Boys
400 Meter Dash	Girls	Boys
300 Meter Hurdles	30"	Girls
300 Meter Hurdles	36"	Boys
200 Meter Dash	Girls	Boys
1600 Meter Run	Girls	Boys
1600 Meter Relay	Girls	Boys

**WEATHERFORD HIGH SCHOOL
Boys and Girls Invitational Track Meet**

Tuesday, April 23, 2019

Entry Fee: Both Teams - \$200.00
 One Team - \$120.00
 Individual - \$10.00

School_____

Coaches_____

We will attend_____ We will not attend_____

Varsity Girls_____ Varsity Boys_____

Thank you,

Dennis Seifried
Meet Director

Send inquiries to:

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