

OKLAHOMA TRACK COACHES WINTER CLINIC

SHERATON MIDWEST CITY HOTEL
at the REED CONFERENCE CENTER;

Midwest City, Oklahoma
JANUARY 18-19, 2019

Pre-Registration - \$40.00

Outstanding Lectures: Friday night and Saturday morning

Rules & Business Meetings: Saturday Afternoon

Hotel Reservations should be made directly to:

Sheraton Hotel

5750 Will Rogers Rd.

Midwest City, OK 73110

(405) 455-1800

Mention O.C.A. clinic for clinic rate - Clinic rate good until 1/18/2019

NAME _____ SCHOOL _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____

Email _____ Phone _____

Make checks payable to: O.T.C.A. TRACK CLINIC

Mail registration and fee to: Terry Neal

1021 West 9th

Sulphur, OK 73086 (580) 618-0029

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JANUARY 18-19, 2019

Friday, January 18

4:00 - 7:00 p.m. Registration

5:30 - 6:15 p.m. (1) Janson Hyde	Long Jump
(2) Emilee Iverson	Throws - Spin for shot/disc
6:30 - 7:15 p.m. (1) Robert Hackett	Sprint and weight training
(2) Erica Brand	High Jump
7:30 - 8:15 p.m. (1) Brock Hime	Training
(2) Dan Dotson	US Olympic Trainer
(3) Charlie Wyatt State Meet Referee Official Certification	

8:25 - 8:55 p.m. (1) Hall of Fame Presentation

Jim Blevins-Fairview-

Sam Horsechief-Sequoyah Tahlequah-

Jerry Loveall-Velma-Alma-

Saturday, January 19

8:00 - 10:00 a.m. Registration

9:00 - 9:45 a.m. (1) Mookey Salaam	Sprint and Starts
(2) Brock Hime	1600/3200 Training
10:00 - 10:45 a.m. (1) Aaron Partridge	400/800 & 4X400/800
(2) Ford Mastin	Relay Exchange 4 X100/200
(3) Charlie Wyatt State Meet Referee Official Certification	
11:00 - 11:45 a.m. (1) David Garman	Hurdles
(2) Tye Harvey	Pole Vault
(3) Rich Leitka State Meet Starter Starters Clinic	

11:45 - 1:30 p.m. LUNCH BREAK

1:30 - 2:00 p.m. (1) Randy Belicek OSSAA Rules

2:00 - 2:30 p.m. (1) Terry Neal - O.T.C.A. Business Meeting