## WAMPUS CAT INVITATIONAL

## **April 17<sup>th</sup> 2020**

Coaches, we are proud to invite you to our third annual Wampus Cat Invitational in our new sports facility with an eight lane all-weather track, and new throwing and jumping areas. --- Coaches meeting at 9:00, in the weight room. Field events to start at 9:30. Running events start at 9:45

# \*\*\*We are updating the format of the meet to a Regional Format See order of events\*\*\*

### You must contact one of the coaches below to inform us of your attendance.

- There will be Two divisions- Varsity Girls and Varsity Boys
- Entry Fee: \$90.00 per division
- ON-LINE ENTRES - see below - Entry Deadline: day before the meet (April 16<sup>th</sup>) @ 6pm. (see below)
- Starting heights and distances to be determined at coaches meeting.
- Hospitality room provided for coaches and administrators in the weight room.
- \*\*\*MEDALS MAY NOT BE HERE DUE TO FACTORY CLOSING AND THE CORONAVIRUS!!!
- ¼ inch spikes or shorter only- starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the west side of the stadium.
- Only athletes who are warming up, competing, or cooling down permitted on the infield. NO camps or lawn chairs allowed on infield.

## **OSSAA Rules apply**

If you plan on attending, need further information, or in case of inclement weather, please contact one of these coaches:

Chet Braudrick - Office 580-889-3361 -or- Cell 580-889-0054 Jacob Cupp - 580-889-3361 AD Russ Harrison - 580-889-3361

<u>ONLINE ENTRIES</u>: (This is a "Roster Entries" meet.) Schools planning to attend must submit their entries on the <u>ENDURO USA™</u> website by completing <u>ALL</u> steps on the <u>"Entries"</u> window – including the <u>VERIFICATION Step</u>. The ENTRY DEADLINE is the day before the meet 6:00pm. Log into your account at: www.endurousa.com

#### **NO LATE ENTRIES**

## \*\*\* Schools who have not entered on-line will not be added at the meet. \*\*\*

If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA™ account, or email him at: kevin@runenduro.com

## **Order of Events**

#### Field Events 9:30

Shot G-B

Discus B-G

High Jump G-B

Long Jump B-G

Pole Vault B-G

### **Running Events 9:45**

400 Relay - Girls, Boys

3200 Relay - Girls, Boys (Final)

100 H. Hurdles - 33" Girls

110 H. Hurdles - 39" Boys

100 Dash - Girls, Boys

3200 Meter Run - Boys (Final)

800 Relay - Girls, Boys (Final)

3200 Meter Run - Girls (Final)

200 Meter Dash - Girls, Boys

### **Break for 45 minutes**

400 Meter Relay - Girls, Boys

800 Meter Run - Girls, Boys

100 Meter High Hurdles - Girls

110 Meter High Hurdles - Boys

100 Meter Dash - Girls, Boys

400 Meter Dash - Girls, Boys

300 Meter Low Hurdles - Girls

300 Meter Int. Hurdles – Boys

200 Meter Dash - Girls, Boys

1600 Meter Run - Girls, Boys

1600 Meter Relay - Girls, Boys