

BETHANY HIGH SCHOOL 58TH ANNUAL INVITATIONAL TRACK MEET (2020)

Bethany High School extends an invitation for your school to participate in our 58th annual High School Boys and Girls Invitational Track and Field Meet. This event will be held on **Saturday, March 28, 2020**, starting at 9:30 a.m. The following will give you the information you need concerning our meet. The track is located at the Bethany Public Schools Athletic Complex - just west of NW 50th Street and Council Road in Northwest Oklahoma City. **All entries will be on ENDURO USA™** (www.endurousa.com).

****This Meet is open to Any School in Class 5A or Below****

ONLINE ENTRIES: the Entry DEADLINE for our meet is March 27th @ 6pm (Friday). **All entries will be CLOSED at 6pm!** **No late entries accepted.** ALL of the steps on our meet's "Entries Window" must be completed – including the **VERIFICATION** step. If your team/school does not complete **ALL steps** on our meet's "Entries Window" (including the VERIFICATION Step), it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. NO exceptions. If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: kevin@runenduro.com

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute changes that affect the meet. To find our meet's PREVIEW window, log into your ENDURO USA™ account – then click on our meet in the "Student Meets and Events LIST" (on the right side of the window).

Entry Fee: \$90.00 (each boys team) and \$90.00 (each girls team) (\$180.00 total) and \$25.00 per individual (up to 4). Make checks payable to Bethany Public Schools.
"B" Teams for \$75.00 per division (B Teams may not medal)
Bring Checks or Send to: Bethany Public Schools
Attn. Adam Forester
6721 NW 42nd Street
Bethany, OK, 73008

Divisions: High School Boys, High School Girls

Timing: We will be using a fully automatic timing system.

Trophies: Trophies will be awarded to 1st & 2nd place teams in both girls and boys divisions and plaques will be awarded to the winning coach in each division.

Medals: Medals will be awarded to 1st, 2nd, 3rd, 4th, and 5th place in all individual events and to 1st, 2nd, and 3rd place in all relay events.

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one team in each relay.

Time Schedule:
9:00 AM Coaches Meeting
9:30 AM Field Events
10:30 AM Running Events (Timed Finals)

Events: Three (3) throws or jumps and then qualify eight (8) to finals shot put, discus, and long jump.

Team Points: Points will be awarded to the top 8 (10-8-6-5-4-3-2-1) with Relays doubled (20-16-12-10-8-6-4-2).

Lunch: Lunch will be provided for coaches.

Equipment: Our track is an all weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

Entries: Please let us know if you would like to attend this meet.
Send an email to Adam Forester at: aforester@bethanyschools.com.

For questions, or in case of inclement weather, please contact the meet directors, and/or visit our meet's Preview Window.

Adam Forester, Head Boys and Girls Track Coach
aforester@bethanyschools.com
405-664-6022 (Cell)

Jon Arthur, Athletic Director and Meet Referee
jarthur@bethanyschools.com
405-664-6183 (Cell) 405-499-4608 (Office)

58th ANNUAL BETHANY HIGH SCHOOL INVITATIONAL

Schedule of Events

10:00 Coaches Meeting (Locker Room behind the Stadium)

Field Events

10:30	Discus	Girls	Boys
	High Jump	Boys	Girls
	Shot Put	Boys	Girls
	Long Jump	Girls	Boys
	Pole Vault	Boys	Girls

We will qualify the top eight (8) in all field events to the finals and we will run all races as final heats against time.

Timed Finals

11:30	400 Meter Relay	Girls	Boys
	3200 Meter Relay	Girls	Boys
	100 Meter Hurdles	Girls (33")	
	110 Meter Hurdles	Boys (39")	
	3200 Meter Run	Boys	
	800 Meter Relay	Girls	Boys
	800 Meter Run	Girls	Boys
	Lunch Break - Field Events will Continue		
	100 Meter Dash	Girls	Boys
	3200 Meter Run	Girls	
	400 Meter Dash	Girls	Boys
	300 Meter Hurdles	Girls (30")	Boys (36")
	200 Meter Dash	Girls	Boys
	Field Event Relay	(4 x 100, Throwers or 200+ lb athletes only, Must have 1 Girl)	
	1600 Meter Run	Girls	Boys
	1600 Meter Relay	Girls	Boys
	(Top four [4] team points in the last heat, plus the next two best seed times)		

**Pick up medals from the press box at the conclusion of the 1600 Meter Relay.

Bethany High School Track Meet Records

Field Events	Bethany HS Invitational Records 1950-Present	Bethany Track Facility Records All Meets held at Track Complex 1982-Present
Shot Put	G: Jacye Grimm, Ponca City, 40'6" (2013) B: Wes Simms, Weatherford, 56'8" (1999)	G: Ashley Bryant, Newcastle, 42'10" (2012) B: Wes Simms, Weatherford, 56'8" (1999)
Discus	G: Bre Davis, Piedmont, 131'7" (2014) B: Wes Simms, Weatherford, 178'2" (1999)	G: Mariah Garcia, Mustang, 149'5" (2012) B: Wes Simms, Weatherford, 178'2" (1999)
Long Jump	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)
High Jump	G: 7 Tied, 5'4" (1984-2017) B: Denmark (Casady), Elliston (BM), 6'8" ('80, '99)	G: 9 Tied, 5'4" (1984-2014) B: 3 Tied, 6'8" (1980-2012)
Pole Vault	G: Jerni Self, Cache, 11'0" (2015) B: Wilkenson, Stroud, 15'6" (1996)	G: Erin Shaughnessy, Shawnee, 11'1" (2011) B: Wilkenson, Stroud, 15'6" (1996)
Running Events	Meet Records	Track Records
100 Meter Dash	G: Kaley Knox, Bethany, 12.57 (2015) B: Delans Griffin, Clinton, 10.74 (2010)	G: Audrianna Morgan, Centennial, 12.17 (2012) B: Delans Griffin, Clinton, 10;74 (2010)
200 Meter Dash	G: Yoshika Thomas, Lawton Mac, 25.89 (2013) B: Delans Griffin, Clinton, 21.94 (2010)	G: Audrianna Morgan, Centennial, 25.42 (2012) B: Delans Griffin, Clinton, 21.94 (2010)
400 Meter Dash	G: Kaley Knox, Bethany, 59.52 (2014) B: McGuinness, Fairview, 49.34 (1967)	G: Kaley Knox, Bethany, 59.52 (2014) B: Jywayne Allen, Ardmore, 49.04 (2012)
800 Meter Run	G: Levan, Casady, 2:21.24 (1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)	G: Levan, Casady, 2:21.24 (1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)
1600 Meter Run	G: Ferguson, Bishop McGuinness, 5:28.94 (2008) B: Zach Porterfield, Stillwater, 4:31.23 (2014)	G: Emily Helms, Mustang, 5:26.48 (2012) B: Zach Porterfield, Stillwater, 4:31.23 (2014)
3200 Meter Run	G: Martin, Casady, 11:57.24 (2008) B: Doyle, Watonga, 10:02.14 (2007)	G: Emily Helms, Mustang, 11:36.53 (2012) B: Doyle, Watonga, 10:02.14 (2007)
100/110 Meter Hurdles	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)
300 Meter Hurdles	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 40.24 (1995)	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 39.44 (1984)
400 Meter Relay	G: Guthrie, 50.26 (2013) B: Millwood, 42.74 (2007)	G: Guthrie, 50.26 (2013) B: Millwood, 42.74 (2007)
800 Meter Relay	G: Millwood, 1:45.74 (1995) B: Guthrie, 1:29.80 (2014)	G: Millwood, 1:45.74 (1995) B: Guthrie, 1:29.80 (2014)
1600 Meter Relay	G: Bishop McGuinness, 4:11.24 (2008) B: Enid, 3:25.15 (2013)	G: Shawnee, 4:09.55 (2012) B: Enid, 3:25.15 (2013)
3200 Meter Relay	G: Casady, 10:04.24 (2008) B: Chisholm, 8:13.47 (2015)	G: Shawnee, 9:57.22 (2012) B: Chisholm, 8:13.47 (2015)



**BETHANY HS INVITATIONAL
TRACK MEET
INVOICE**



Bethany Public Schools

Phone: 405-789-6370

Attn. Adam Forester – Track Coach

E-Mail: aforester@bethanyschools.com

6721 NW 42nd Street

Web: www.bethanybronchos.com

Bethany, OK, 73008

Bill To: _____

Attn: _____

Address: _____

Details:

Date	Description	Quantity	Price (Each)	Total Price
3/28/20	HS Track Meet Team Entry Bethany Invitational		\$90.00	
	Individual Entry		\$25.00	
	“B” Team Entry		\$75.00	
			Total Due:	

Please send payment for the above as soon as possible.

Send Payment to:

Bethany Public Schools

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