Bristow High School

Athletic Department Floyd Robinson – Activities Director 808 N. Ash, Bristow, Oklahoma 74010 (918) 367-2241 ** Fax (918) 367-5849

Bristow Freshmen Meet Monday April 13th , 2020

On behalf of the Bristow Public School System, we extend to you and your teams a sincere invitation to participate in our Freshmen Track and Field Meet. The following will give you the information you need for the meet. This will be a timed final meet. Limited to 12 Teams!!!

<u>Entry Fee:</u> \$60.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team. NO REFUNDS.

<u>**Time:**</u> All teams report to Bristow Football Field by 3:30 p.m. for coaches meeting. All events will begin at 4:00 p.m.

Divisions: There will be two divisions 9th grade boys/girls

<u>Medals</u>: Awarded to 1^{st} , 2^{nd} , and 3^{rd} places in all events.

Trophies: Awarded to 1^{st} and 2^{nd} place teams in all divisions.

<u>**Team Points:**</u> Awarded to 1^{st} thru 6^{th} places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

Equipment: Bristow will furnish all starting blocks to contestants. ¹/₄ö or shorter spikes are required.

Participants: Each school can only enter 3 athletes in each event.

Oklahoma Secondary School Association Rules Apply

We hope that you and your teams can be with us for this track meet.

Contacts:

Shannon Hilburn – H. S. Track Coach Email ó <u>shilburn@bristow.k12.ok.us</u>

Bristow Freshmen Track Meet

Schedule of Events

Field Events

High Jump	9B, 9G
Long Jump	9G, 9B
Shot	9B, 9G
Discus	9G, 9B,
Pole Vault	9G, 9B
	Long Jump Shot Discus

<u>Time Finals</u>

400 Relay	Girls, Boys
3200 Relay	Girls, Boys
100 Hurdles	Girls
110 Hurdles	Boys
800 Relay	Girls, Boys
800 Run	Girls, Boys
100 M Dash	Girls, Boys
400 M Dash	Girls, Boys
300 M Hurdles	Girls, Boys
200 M Dash	Girls, Boys
1600 Run	Girls, Boys
1600 Relay	Girls, Boys
	3200 Relay 100 Hurdles 110 Hurdles 800 Relay 800 Run 100 M Dash 400 M Dash 300 M Hurdles 200 M Dash 1600 Run